

FREE

# PLATINUM BUSHVELDER



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Jou Gratis Gemeenskapskoerant | Your Free Community Newspaper | 30 OCTOBER 2026



## DONATE TODAY YOUR BLOOD SAVES LIVES

BLOOD STOCKS ARE LOW



# THABAZIMBI, GIVE SOMEONE A TOMORROW

**Platinum Bushvelder newspaper | Thabazimbi** – A small act of kindness could give another family more time together this festive season. Residents can help by supporting these upcoming blood donation drives:

- 18 November 2026 | 14:00–18:00
- 2 December 2026 | 14:00–18:00

Venue for both drives: NG Kerk, Thabazimbi.

The South African National Blood Service (SANBS) is appealing to eligible donors to step forward as national blood stocks come under pressure ahead of the holidays. According to information supplied on 27 October, the national supply had fallen below four days, short of SANBS's preferred reserve of at least five days, said Tinyiko Mathe, SANBS donor relations practitioner in Rustenburg. Stock levels vary between blood groups, meaning the pressure is not equal across all types. However, donors from every group are needed to help ensure patients receive compatible blood. SANBS requires approximately 3,500 units daily for patients needing emergency treatment, surgery, cancer care and help with childbirth complications. One donation can help save up to three lives.

Examinations have reduced collection opportunities at schools and universities, adding to the pressure on supplies.

Thabazimbi residents are encouraged to diarise both donation dates. First-time donors must be between 16 and 75 years old, weigh at least 50 kg and pass the required health screening. Eat a meal or snack before donating.

**This festive season, your most meaningful gift could be the one that helps someone live to celebrate it.**

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APPLICATION IN TERMS OF SECTION 16(3) OF THE THABAZIMBI LAND USE MANAGEMENT BY-LAW, 2015 - IN ORDER TO CONSTRUCT A CELLULAR TELEPHONE MAST AND BASE STATION ON PORTION 2B OF THE FARM ZWARTKOP NO.369-KQ.

AANSOEK INGEVOLGE  
ARTIKEL 16(3) VAN DIE THABAZIMBI-GRONDGEBRUIKBESTUURVERORDENING, 2015 – VIR DIE OPRIGTING VAN 'N SELFHOONMAST EN BASISSTASIE OP GEDEELTE 2B VAN DIE PLAAS ZWARTKOP NR. 369-KQ.

Notice is hereby given that I, the undersigned, **Bongani Beetha** from the firm SiphilaSonke Development Group (Pty) Ltd, has applied to the Thabazimbi Local Municipality, in terms of Section 16(3) of the Thabazimbi Land Use Management By-Law, 2015 for the approval of consent use in order to construct a cellular telephone mast and base station on **Portion 2B of the Farm Zwartkop No. 369-KQ**.

Particulars and plans of this application may be inspected during normal office hours at the Thabazimbi Local Municipality at 7 Rietbok Street, Thabazimbi, 0380 or at the address of the applicant [SiphilaSonke Development Group (Pty) Ltd] at 86 Skilpad Road, Monument Park, Pretoria, 0028.

Any person or persons who wish to object to the approval of this application must lodge such objection **in writing**, together with the grounds thereof, to the Manager, Town Planning, Thabazimbi Local Municipality, Private Bag X530 and with the applicant no later than **30 November 2026**.

**First date of advertisement: 30 October 2026**  
**Second date of advertisement: 6 November 2026**  
**Objection expiry date: 30 November 2026**

Siphila sonke Development Group (Pty) Ltd  
86 Skilpad Road, Monument Park,  
Pretoria, 0105

Tel: (012) 346 4255 | Mobile: 067 092 2135  
E-mail: bongani@siphilasonke.co.za  
Our Ref: ZALI0010 Chrome Mine

Hiermee word kennis gegee dat ek, die ondergetekende, **Bongani Beetha**, van die firma SiphilaSonke Development Group (Edms.) Bpk., by die Thabazimbi Plaaslike Munisipaliteit aansoek gedoen het ingevolge Artikel 16(3) van die Thabazimbi-Grondgebruikbestuursverordening, 2015, om goedkeuring vir toestemminggebruik te verkry ten einde 'n selfhoonmast en basisstasie op **Gedeelte 2B van die Plaas Zwartkop Nr. 369-KQ** op te rig.

Besonderhede en planne van hierdie aansoek kan gedurende normale kantoorure by die Thabazimbi Plaaslike Munisipaliteit te Rietbokstraat 7, Thabazimbi, 0380, of by die aansoeker se adres, SiphilaSonke Development Group (Edms.) Bpk., Skilpadweg 86, Monument Park, Pretoria, 0028, besigtig word.

Enige persoon of persone wat beswaar wil aanteken teen die goedkeuring van hierdie aansoek, moet sodanige beswaar **skriftelik**, tesame met die redes daarvoor, by die Bestuurder: Stadsbeplanning, Thabazimbi Plaaslike Munisipaliteit, Privaatsak X530, indien, asook by die aansoeker, nie later nie as **30 November 2026**.

**Eerste datum van advertensie: 30 Oktober 2026**  
**Tweede datum van advertensie: 6 November 2026**  
**Vervaldatum vir besware: 30 November 2026**

# Ten-year licence cards: progress, but keep renewing

**Platinum Publishers | SA** – South African motorists are a step closer to renewing their driving licence cards every ten years – but the change has not yet taken effect.

On 6 October 2026, Parliament's select committee received a briefing on proposed regulations extending card validity from five to ten years for motorcycle and light motor vehicle licence codes A1, A, B and EB. The changes still need to be finalised.

Heavy vehicle licence cards would retain their five-year validity, while professional driving permits would remain valid for two years.

The proposal aims to ease renewal backlogs and reduce pressure on licensing centres.

For now, motorists must continue renewing their cards under the existing rules. Do not assume that your current card has automatically gained another five years. The Department of Transport says renewals must continue until the new provisions take effect.

# TAR really needs your help

**Thabazimbi** – There is a special plea to the community of Thabazimbi to support Thabazimbi Animal Rescue (TAR), your local animal shelter. TAR needs donations of food. The facility is filled with animals that need your help. Please assist TAR to feed the animals in their care. Without donations they will not be able to feed, home and medically treat the animals. The community has proven time and again how they can stand together and support this worthy cause and this time is no exception. **For more information, please contact TAR on 084 885 6487.**

# Placing an obituary

Announcing the death of a family member is a time-honoured tradition as life should be celebrated and never forgotten.

To help you to celebrate the life of your loved one and share details about the upcoming funeral, place an obituary in our newspaper, free of charge. You can include the date of death, details about their life and surviving family members. You can also write a special message, a poem or a prayer. Please include a photo and the date, time and place of the memorial service.

If you would like to place an obituary in *Platinum Weekly / Platinum Bushvelder*, send the information via WhatsApp to 072 482 6871 or email [news@platinumweekly.co.za](mailto:news@platinumweekly.co.za) / [news@platinumbushvelder.co.za](mailto:news@platinumbushvelder.co.za).

A vehicle owner's nightmare: flames engulfed the car during the fire on 22 October.

## From smoke to flames: Vehicle destroyed in fire

**Platinum Bushvelder newspaper | Thabazimbi** – A vehicle was completely destroyed by fire on Thursday, 22 October 2026, after it began smoking shortly after 12:30. What started as smoke soon turned into a vehicle owner's nightmare as flames engulfed the car.

Thaba Fire and Rescue and the TLM Waterberg district firefighting team arrived at the scene at approximately 13:05. By then, the vehicle was already engulfed in flames. Despite the firefighters' efforts, the vehicle was completely destroyed. Thaba Fire and Rescue left the scene shortly before 14:00.

The cause of the fire remains under investigation. Foul play is suspected but has not been confirmed. Further information will be shared as it becomes available.

Emergency Number **082 695 1240**

**24H Ambulance, Fire & Rescue Service**

**24H Ambulance, Fire & Rescue Service**

Emergency Number **082 695 1240**

## Flames doused, no lives lost on R511

**Platinum Bushvelder newspaper | Thabazimbi** – A vehicle fire on the R511 Thabazimbi Road brought Hartbeespoort Emergency Medical Service (HEMS) ambulance, fire and rescue crews to the scene on Sunday, 25 October 2026.

The vehicle was already alight when responders arrived. The fire and rescue team extinguished the blaze and secured the scene. Fortunately, no injuries were reported.

**HEMS press release extracts**

**IN THE HIGH COURT OF SOUTH AFRICA (LIMPOPO DIVISION, POLOKWANE)**

Case number: 11361/2022. In the matter between: **SB GUARANTEE COMPANY (RF) PROPRIETARY LIMITED**, Plaintiff / (Registration Number: 2006/021576/07) Execution Creditor and **ELVIS NAKAMATLADI MOHUBA**, Defendant / (Identity Number: 730916 5328 08 7) Execution Debtor

**AUCTION**

**NOTICE OF SALE IN EXECUTION: IMMOVABLE PROPERTY**

In terms of a judgment granted on 17 MARCH 2026, in the above Honourable Court and a Writ of Execution on immovable property issued thereafter, and the subsequent attachment thereof, the undermentioned property will be sold in execution on **FRIDAY 6 NOVEMBER 2026 at 10h00** in the morning at the **OFFICE OF THE SHERIFF OF THE HIGH COURT, 120A RUITER ROAD, MOKOPANE**, subject to a reserve price in the amount of **R1 060 910,24 (ONE MILLION AND SIXTY THOUSAND NINE HUNDRED AND TEN RAND AND TWENTY FOUR CENTS).**

**DESCRIPTION OF PROPERTY**

**CERTAIN:** ERF 2042 PIET POTGIETERSRUST EXTENSION 9 TOWNSHIP, REGISTRATION DIVISION K.S., LIMPOPO PROVINCE, MEASURING: 1500 (ONE THOUSAND FIVE HUNDRED) SQUARE METRES, HELD BY DEED OF TRANSFER T100129/2015, Street address: 17 Amatis Street, Chroompark, Mokopane

**MAGISTERIAL DISTRICT: MOKOPANE**

**IMPROVEMENTS:** 1 x Lounge, 1 x Dining Room, 1 x Kitchen, 1 x Family Room, 4 x Bedrooms, 2 x Bathrooms, 1 x Toilet | OUTSIDE: 1 x Lapa, 1 x Swimming Pool

The nature, extent, condition and existence of the improvements are not guaranteed and/or no warranty is given in respect thereof and are sold "VOETSTOOTS". | Zoning: Residential

**1 TERMS:** The purchase price shall be paid as follows: (1.1) a deposit of **10% (TEN PERCENT)** of the purchase price shall be paid immediately via EFT at the date of the sale; (1.2) the balance of the purchase price shall be paid by way of an acceptable bank guaranteed cheque within **21 (TWENTY ONE)** days from the date of the sale.

**2 CONDITIONS:** The conditions of the sale will be read out prior to the commencement of the sale, which conditions will be made available for inspection thereof at the **OFFICE OF THE SHERIFF OF THE HIGH COURT, 120A RUITER ROAD, MOKOPANE**.

Registration as buyer is a pre-requisite subject to conditions, *inter alia*:  
(a) Directive of the Consumer Protection Act 68 of 2008 (URL <http://www.info.gov.za/view/DownloadFileAction?id=99961>).  
(b) Fica-Legislation, proof of identity and address and particulars.  
(c) There is a R10 000,00 registration fee payable, cash only.  
(d) Registration Conditions: no person will be allowed on the premises if they are not registered for FICA and CPA.

The Execution Creditor, Sheriff and/or Plaintiff's Attorney do not give any warranties with regard to the description and/or improvements.

SIGNED at PRETORIA on this 15<sup>th</sup> day of SEPTEMBER 2026.  
(Sgd) (MS) L MAPHETLE

**HANNES GOUWS & PARTNERS INC. | Attorneys for Execution Creditor** | 2<sup>nd</sup> Floor, Corobay Corner, Cnr Corobay & Aramist Avenues (Entrance in Dallas Avenue), Menlyn Maine, PRETORIA  
**Ref:** FORECLOSURES/MAT15140/TH | **Tel:** (012) 321-1008 | **Fax:** (012) 346-2239 | **E-mail:** [litigation@hannegouws.co.za](mailto:litigation@hannegouws.co.za)

Glowing red flames lit up the hillside behind homes in Thabazimbi.

# Firefighters hold the line

**Platinum Bushvelder newspaper | Thabazimbi** – Firefighters and volunteers worked late into the night on Monday, 26 October 2026, to bring a veld fire under control and prevent it from reaching homes in Thabazimbi.

The fire broke out at around 17:30 behind the hill (*koppie*) near homes in 4th Avenue and Diedrick Street. Thaba Fire & Rescue monitored the flames and hard worked to prevent it from spreading. The TLM Waterberg district fire team was also called in to assist.

Volunteers battled the blaze for hours before the teams withdrew at approximately 23:45. The fire continued to be monitored throughout the night. No damage to homes was reported. The flames later spread farther up the mountain, where difficult terrain made it challenging to reach the remaining hotspots.

Thaba Fire & Rescue thanked every volunteer who gave their time, energy and skills to fight the fire and protect the community.

**071 622 2702**



Die NHSV-susters van Thabazimbi-Vliegpoort spog met hul handgemaakte Kersversierings ná 'n gesellige oggend van kreatiwiteit.

# Ou boekblaaie vertel 'n nuwe Kersverhaal

**Platinum Bushvelder koerant | Thabazimbi** – Ou boeke wat nie kopers by die Apiesdoring-karnaval gelok het nie, het op Dinsdag 20 Oktober 2026 'n nuwe hoofstuk beleef toe die NHSV-susters van die Hervormde Kerk Thabazimbi-Vliegpoort hul bladsye in pragtige Kersversierings omskep het. Michelle Linde, eggenote van ds. Hennie Linde, het die gesellige byeenkoms vir die Nederduitsch Hervormde Susters Vereniging (NHSV) aangebied. Die dames kon hul kreatiwiteit uitleef en terselfdertyd bekostigbare idees vir die feestyd opdoen. Die boodskap van die dag was eenvoudig: 'n mens hoef nie 'n kunstenaar te wees om iets besonder te skep nie. Met 'n tak, 'n paar ou boekblaaie en 'n bietjie verbeelding kan alledaagse materiaal 'n feestelike gedaante kry. “Die dames het geleer dat 'n mens nie kunstig hoef te wees om hierdie versierings te maak nie. Dit is maklik!” het Michelle vertel.



Van boekrak tot Kerstak: die NHSV-susters het ou boekblaaie in pragtige Kersversierings omskep.

Volgens haar bied dié handwerk ook 'n uitkoms wanneer winkelversierings die sak knyp. “Met Kersversierings wat so duur in die winkels is, het hulle gesien dat 'n mens met net 'n tak en 'n paar bladsye papier, sonder om 'n sent uit te gee, 'n pragtige Kersversiering vir jou gesin kan maak.”

## Only 8% of landfill sites in Limpopo meet standards,

AfriForum audit reveals



The Thabazimbi landfill site scored just 26% in AfriForum's annual landfill audit, placing it among the five lowest-scoring sites assessed in Limpopo.

**Platinum Bushvelder newspaper | Thabazimbi** – The Thabazimbi landfill site scored just 26% in AfriForum's annual landfill audit, placing it among the five lowest-scoring sites assessed in Limpopo. Only one of the 11 landfill sites and transfer stations audited in the province met the minimum requirements: a relatively new site in Musina, which scored 82%. The lowest scores were recorded at Modimolle and Mookgophong, with 2% and 4% respectively. Limpopo's audited sites achieved an average compliance score of 51%. Nationally, only 30 of the 132 sites assessed met at least 80% of the audit requirements. AfriForum's regional head for Limpopo and Mpumalanga, Hennie Bekker, said that although improvements at some sites had raised the provincial average, the number of sites passing the audit had not increased. AfriForum has submitted its report to the Department of Forestry, Fisheries and the Environment and encouraged communities to support recycling and other initiatives that reduce waste sent to landfill sites. Source: AfriForum, 16 October 2026.



REQUEST FOR PROPOSALS (RFP): CALL FOR SUBMISSION OF PROPOSALS FOR THE SIOC-CDT CHRISTMAS JOY 2026 FESTIVE NUTRITION SUPPORT PROGRAMME

SIOC Community Development Trust (SIOC-CDT) invites competent Lead Service Providers from the beneficiary communities (Gamagara, Ga-Segonyana, Joe Morolong, Tsantsabane and Thabazimbi) to submit proposals for the “Christmas Joy 2026 Festive Nutrition Programme”. The programme will allow for one lead service provider per beneficiary community, to procure, package, store, quality-assure, transport and distribute nutrition support packages, and provide programme reporting and close-out documentation/report.

ABOUT SIOC-CDT

SIOC Community Development Trust (SIOC-CDT) was established in 2006 by Sishen Iron Ore Company (Pty) Ltd to invest in the development of the communities in which the mine operates. The Trust focuses primarily on beneficiary communities adjacent to the SIOC (PTY) LTD (owned by Kumba Iron Ore -KIO) mining activities in the Northern Cape and Limpopo Provinces. SIOC-CDT has invested significantly in community development projects aimed at ensuring sustainability beyond mining operations.

ABOUT THE PROGRAMME

The Christmas Joy 2026: Festive Nutrition Support Programme is a SIOC-CDT intervention aimed at providing targeted nutrition and household resilience support to 2,500 verified vulnerable households across the Trust's five beneficiary communities.

BENEFICIARY HOUSEHOLDS COVERAGE

Gamagara – 500 households  
Ga-Segonyana – 500 households  
Joe Morolong – 500 households  
Tsantsabane – 500 households  
Thabazimbi – 500 households

RFP BID DESCRIPTION

Appointment of five competent Lead Service Providers, one per beneficiary community, to procure, package, store, quality-assure, transport and distribute nutrition support packages, and provide programme reporting and close-out documentation.

KEY RESPONSIBILITIES

- Procure the approved nutrition support packages for 500 households within the allocated community;
- Coordinate packaging, storage, logistics and distribution;
- Maximise meaningful participation of qualifying local SMMEs and suppliers;
- Ensure compliance with SIOC-CDT's approved product specifications and quality standards;
- Implement appropriate food safety, stock management and quality assurance controls;
- Distribute packages exclusively to verified beneficiaries;
- Maintain complete proof-of-delivery and programme records;
- Complete implementation within the prescribed programme timeframe; and
- Provide complete operational, financial, localisation and close-out reporting.

KEY REQUIREMENTS

- Company profile and relevant experience;
- Implementation plan and delivery methodology;
- Community-specific pricing;
- Localisation plan;
- Evidence of operational and financial capacity; and
- Supporting statutory and compliance documentation as specified in the RFP.

BID DOCUMENTS & SUBMISSION

ACCESS BID DOCUMENTS

All the Bids documents are available for download from the SIOC-CDT website: [www.sioc-cdt.co.za](https://www.sioc-cdt.co.za) under Opportunities section <https://www.sioc-cdt.co.za/category/opportunities/tender-notices-forms/>

COMPLIANCE DOCUMENTS FOR SUBMISSION

- Company Profile which includes but not limited to; brief background and history of the organization, company structure (organogram), resources, contact details including physical location and other relevant information
- Valid Trading Company Registration Documents/ Certificates
- Valid B-BBEE Certificate/ Affidavit
- Valid SARS Tax Clearance Certificate and or Pin
- Company Proof of Address
- ID Copies of Directors
- Bank Confirmation Letter - **not older than 3 months**
- Business Proof of Address - **not older than 3 months**
- Certified Copies of Share Certificate where applicable

SUBMISSION OF BIDS



Completed documents must be submitted electronically to: [scm@sioc-cdt.co.za](mailto:scm@sioc-cdt.co.za) and CC to [Kabelo.letsoalo@sioc-cdt.co.za](mailto:Kabelo.letsoalo@sioc-cdt.co.za)

CLOSES: 17 NOVEMBER 2026 AT 16H30

QUERIES

- Supply Chain Management queries [scm@sioc-cdt.co.za](mailto:scm@sioc-cdt.co.za)
- SMME Portal registration queries [Pholoso@sioc-cdt.co.za](mailto:Pholoso@sioc-cdt.co.za)

Please refer to SIOC-CDT's Privacy Notice to learn how your personal information will be managed by SIOC-CDT, which is available on the SIOC-CDT website: [POPIA-Privacy-Notice.pdf \(sioc-cdt.co.za\)](#)

Please Note:

Bidders who fail to submit ALL the compliance documents will NOT be legible to receive opportunities from SIOC-CDT.

VIRTUAL BRIEFING DATE: 6 NOVEMEBER 2026 11H00

SCAN THE QR CODE TO ACCESS TEAMS MEETING



[www.sioc-cdt.co.za](https://www.sioc-cdt.co.za)



# Rhinos charge to Gold Cup glory!

**Platinum Bushvelder newspaper | Setaria** – The Northam Rhinos Rugby Club are the 2026 Pick n Pay Gold Cup champions after a thrilling 22–20 victory over C. Steinweg College Rovers in Durban on Sunday, 25 October 2026. With the final hanging in the balance at Kings Park 3, Darryn Fortuin slotted a penalty in the 77th minute to secure the win and bring the coveted trophy home to Northam. The Rhinos had already shown their determination on the road to the final, overcoming three-time defending champions Sanlam Naka Bulls 48–22 in the semi-final. Their victory in Durban completed a memorable campaign and secured the club's first Gold Cup title. It is a remarkable achievement for the club and a proud moment for its players, coaches, supporters and the wider community. From Setaria to Durban, the Rhinos carried the hopes of their supporters all the way to the top of South African club rugby. Congratulations, Rhinos – you've done your community proud!

Champions at last! The Northam Rhinos celebrated their first Pick n Pay Gold Cup title after a dramatic 22–20 victory over C. Steinweg College Rovers.



# Bertus gooi sy gewig in vir Limpopo se derde plek

**Platinum Bushvelder koerant | Thabazimbi** – Nege wedstryde en 'n derde plek – dit was die uitkoms toe Bertus Els van Hoërskool Frikkie Meyer saam met Limpopo se o.16A-jukskeispan op die baan aangetree het. Bertus is vir dié provinsiale span gekies wat op Saterdag 17 Oktober 2026 aan die Bondedag in Pretoria deelgeneem het. Ná nege wedstryde het die Limpopo-span 'n uitstekende derde plek behaal. Hoërskool Frikkie Meyer het Bertus met sy prestasie gelukgewens en hul trots uitgespreek oor die wyse waarop hy die skool se naam hoog hou.



Bertus Els van Hoërskool Frikkie Meyer in aksie op die jukskeibaan.

# SOULFOOD

PSALM 7:17

I will praise the LORD according to His righteousness, And will sing praise to the name of the LORD Most High.



NEW KING JAMES VERSION (NKJV)

# HAVE YOUR SAY

Do you believe using wild animals in circuses is cruel?

For some, the circus brings family fun. For others, keeping wild animals confined and making them perform raises concerns about their wellbeing. Should wild animals have a place in the circus ring?



“Wild animals belong in the wild. No animal should spend its life in a cage. We have the freedom to move around, while they remain confined. That is simply unfair.”

Nelia Pieterse, Thabazimbi



“Yes. Wild animals deserve freedom, dignity and the chance to follow their natural instincts. Their wellbeing should never be sacrificed for our amusement. We can enjoy spectacular circus performances without forcing wild animals to entertain us.”

Jeffrey Rannyadi, Thabazimbi

# POLL

Do you still make time to eat dinner together at a table?

With busy schedules and screens (TVs and cellphones) competing for attention, gathering around a table offers a chance to share a meal and catch up. Is this still part of your household's routine? Here's how you can participate. Email us at [news@platinumbushvelder.co.za](mailto:news@platinumbushvelder.co.za) or WhatsApp your response to 081 579 7000.

Include the following:

- **Your answer:** Yes or No
- **Why?** We want to hear from you!
- **A recent photo** – We'd love to publish your pic alongside your answer!
- **Your town/city**
- **Deadline** – Be sure to send your response before 12:00 on Monday, 2 November 2026.

**Vote results:** The outcome of the poll will be featured in our next issue. Be a part of our community's story!

**P.S.:** Don't forget, you can also voice your opinion on our Facebook post about this topic. Join the conversation!



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| 8 |   |   | 3 |   | 9 |   | 7 |

# SUDOKU

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**PUBLIC POLL:**  
THE RESULTS ARE IN!

NO **45%** YES **55%**



Stuur jou event na [news@platinumbushvelder.co.za](mailto:news@platinumbushvelder.co.za) \*\* Gratis Plasing!

# PLATINUM DAGBOEK

**Northam Zondereinde Bushveld 400**  
13–14 November 2026

Dust, determination and championship dreams! The Northam Zondereinde Bushveld 400 brings the final round of the 2026 South African Rally-Raid Championship to Thabazimbi. With podium places and several championship titles still undecided, expect fierce competition as leading drivers and navigators tackle the season's last challenge. Location: Thabazimbi | [www.sarallyraid.co.za](http://www.sarallyraid.co.za).

**Vroue Rus-naweek**  
20–22 November 2026

Kom rus, herstel en word opnuut versterk tydens 'n besondere wegbreek vir vroue in die rustige Magaliesberg. Die koste beloop R1,200 per persoon, plus 'n nie-terugbetaalbare registrasiefooi van R100. Slegs 40 plekke is beskikbaar – bespreek vroeg om teeluststelling te voorkom. Plek: Kloofwaters, Magaliesberg, Noordwes – sowat 40 minute vanaf Rustenburg. Besprekings: Pastoor Corné Wernich by 076 897 8241.

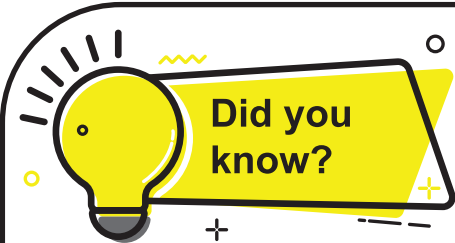
What's on



your  
community  
diary

Make a plan in  
your community.

Scan the QR code or  
[visitplatinumbushvelder.co.za/  
events.php](http://visitplatinumbushvelder.co.za/events.php) for more...



**SOME BIRDS SLEEP WITH ONE EYE OPEN...**

For some birds, keeping an eye out for danger is possible even during sleep. Mallard ducks can rest one half of their brain while the other remains alert – a state called unihemispheric slow-wave sleep. The eye connected to the alert half stays open, helping them detect approaching predators. Researchers found that ducks resting at the edges of a group used this sleeping strategy more often, directing their open eye away from their companions. This unusual ability allows them to get some rest while watching for threats.



**CHAMPIONSHIP BOEREWORS**  
SAS NO. 1

**109<sup>99</sup>** per kg

Championship Thick/Thin Boerewors

**AVOCADO**  
GREEN SKIN

**AS SEEN ON TV**

**BUY ANY 2 & SAVE R10**  
Ripe & Ready Avocados  
2/4/6 per pack

**AS SEEN ON TV**

**SAVE R22**

**74<sup>99</sup>** 1.35kg

**BOKOMO WEET-BIX Cereal**

**72 Biscuits**

**AS SEEN ON TV**

**BOKOMO WEET-BIX**  
WHOLEGRAIN WHEAT BISCUITS

High in Fibre  
High in Vitamins B1, B2 & B3  
Source of Iron

1.35 kg

**ANY 2 FOR R75**  
BUY 1 FOR R39<sup>99</sup>

**Parmalat**  
Fruit/Fat Free/  
Fabulite/  
Plain Yoghurt  
All Variants 1kg

**AS SEEN ON TV**

**parmalat**  
fruit  
granadilla low fat yoghurt

**parmalat**  
fabulite  
low fat strawberry yoghurt

**SAVE R40**

**159<sup>99</sup>** 200g each

**Nescafé Gold**  
Caffeinated Instant Coffee  
All Variants

**AS SEEN ON TV**

**NESCAFÉ GOLD**  
ALL-ITALIANA  
COFFEE CORONA  
MILK AND LIPID

**AS SEEN ON TV**

**LANCEWOOD**  
WHITE GOUDA  
900g

**AS SEEN ON TV**

**SAVE R44**

**139<sup>99</sup>** 900g each

**Lancewood**  
Cheddar/  
Gouda Cheese  
All Variants

**STEAKHOUSE CLASSIC**

21 cuts perfectly matured for maximising flavour and succulence

Hand-trimmed and thick cut to our expert butchers' standards

Vacuum-packed for added tenderness

**VOTED FAVOURITE SUPERMARKET STEAK BRAND**

**179<sup>99</sup>** per kg

**Steakhouse Classic**  
Beef Ribcanha Roast

**AS SEEN ON TV**

**129<sup>99</sup>** per kg

**Extra Lean**  
Beef Mince

**CAPE POINT**  
PRAWN MEAT

**SAVE R61**

**R159**

**Cape Point**  
Frozen Prawn Meat 800g Each

**AS SEEN ON TV**

**AS SEEN ON TV**

**79<sup>99</sup>** per kg

**Farmer's Choice**  
Fresh 12-Piece Chicken Fillets

Discovery Vitality

GET UP TO

**75% BACK**

on over 2500 HealthyFood items

US to 25% cash in Discovery Miles for every member, limited up to 75% back in Discovery Miles on every qualifying Discovery Food item. Cash back limit: R100. T&Cs apply.

Scan to choose Checkers as your primary HealthyFood partner

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also at **Checkers Hyper**

better and better

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OFFERS VALID FROM MONDAY 19/10/2026 UNTIL SUNDAY 08/11/2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES. WINE ONLY AVAILABLE AT STORES WITH WINE DEPARTMENTS. BEER & SPIRITS ONLY AVAILABLE AT LIQUORSHOP STORES. ALCOHOL FOR SALE ON SUNDAYS IN GAUTENG ONLY. LIQUOR ONLY AVAILABLE AT STORES WITH A VALID LIQUOR LICENCE. SEAFOOD ONLY AVAILABLE AT STORES WITH SEAFOOD COUNTERS. CERTAIN FOODS COOKED FOR STYLING PURPOSES ONLY. FOODS SHOWN AS SERVING SUGGESTIONS. ACCESSORIES NOT INCLUDED. APPLIANCE PRICE BEAT GUARANTEE. SEE WWW.TERMSCONDITIONS.CO.ZA FOR DETAILS. T&Cs APPLY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. ERRORS & OMISSIONS EXCEPTED (E&OE). WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE). XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

## OUR EXPERT BUTCHERS' CUTS



**59<sup>99</sup>** per kg  
Spatchcock Chicken



**69<sup>99</sup>** per kg  
Pork Braai Chops



**79<sup>99</sup>** per kg  
The Rooster Company Chicken Prego Fillet



**99<sup>99</sup>** per kg  
Farmstead Pork Fillet



**109<sup>99</sup>** per kg  
Championship Boerie Bites



**109<sup>99</sup>** per kg  
Thor's Hammer Beef Shin



**129<sup>99</sup>** per kg  
All Beef Roast

**139<sup>99</sup>** per kg  
Grillhouse Style Pork Spare Ribs



**179<sup>99</sup>** per kg  
Gourmet Lamb Potjie



**189<sup>99</sup>** per kg  
Simple Truth Certified Natural Lamb Braai Chops



**CERTIFIED NATURAL LAMB**  
NO ADDED GROWTH HORMONES OR PROMOTERS  
A DIET FREE FROM ANIMAL BY-PRODUCTS  
THE FIRST SUPPLIER OF CERTIFIED NATURAL LAMB SINCE 2004

## QUALITY SEAFOOD AT HARBOUR PRICES



**SAVE R15**  
**154<sup>99</sup>** 1kg  
Cape Point Frozen Braai Snook



**SAVE R10**  
**49<sup>99</sup>** 100g  
MJC Frozen Seafood Marinara Mix



**SAVE R10**  
**89<sup>99</sup>** 100g  
MJC Frozen Half Shell Mussels



**SAVE R71**  
**R149** 700g Each  
Cape Point Frozen Platter Prawns 700g Each



**SAVE 12%**  
Cape Point Frozen Crab Flavoured Sticks 500g

## PROTEIN FOR EVERY PLATE



**74<sup>99</sup>** per kg  
Farmer's Choice Fresh 16-Piece Chicken Drumsticks & Thighs



**89<sup>99</sup>** per kg  
Simple Truth Free-Range Chicken 4 Drumsticks & 4 Thighs



**119<sup>99</sup>** per kg  
Simple Truth Free-Range Chicken Breast Fillets



**149<sup>99</sup>** per kg  
Farmer's Choice Crumbed Chicken Strips/Schnitzels



**SAVE R15**  
**49<sup>99</sup>** 350g/400g each  
Crispy Cuts Frozen Chicken Steaklets/Nuggets/Pops All Variants



**SAVE 10%**  
**62<sup>99</sup>** 350g/400g each  
Farmer Brown Frozen Crumbed Chicken Strips/Fillets All Variants



**AS SEEN ON TV**  
**SAVE R27**  
**ANY 2 FOR R109**  
Rainbow Simply Chicken Bites/Pops/Nuggets/Burgers 350g/400g



**SAVE R10**  
**64<sup>99</sup>** 325g/425g each  
Rainbow Simply Chicken Frankfurters/Grillers All Variants



**SAVE R25**  
**109<sup>99</sup>** 1kg each  
Rainbow Simply Chicken Original/Cheese Viennas



**SAVE R17**  
**79<sup>99</sup>** 1kg each  
Rainbow Simply Chicken Polony All Variants



**SAVE R20**  
**89<sup>99</sup>** 700g each  
County Fair Crumbed Chicken Strips/Nuggets/Breast Steaks



**SAVE R20**  
**R130**  
Earlybird Frozen Chicken Cocktail Snack Selection 1kg



**SAVE R15**  
**64<sup>99</sup>** 1kg each  
Eskort Smoked Red Viennas



**SAVE R51**  
**BUY 3 FOR R99**  
Renown Streaky Bacon 200g



**SAVE R40**  
**159<sup>99</sup>** 700g  
BRM Pork Loin Ribs



**SAVE R25**  
**89<sup>99</sup>** 600g  
BRM Frozen Beef Rib Burger Patties



**SAVE R20**  
**104<sup>99</sup>** 800g each  
I&J Beefers/Chicksters Frozen Burger Patties All Variants



**SAVE R12**  
**57<sup>99</sup>** 220g/400g each  
Fry's Plant-Based Frozen Sausage Rolls/Burgers/Schnitzels All Variants



**SAVE R25**  
**74<sup>99</sup>** 4 per pack  
Sea Harvest Frozen Hake Burgers



**SAVE R30**  
**79<sup>99</sup>** 600g  
I&J Frozen Fish Fingers



**SAVE R30**  
**79<sup>99</sup>** 100g each  
Sea Harvest Oven Crisp Crumbed Fish Fillet Portions All Variants



**SAVE R40**  
**94<sup>99</sup>** 500g each  
Sea Harvest Crisp & Chunky Frozen Crumbed Fish Portions All Variants



**SAVE R30**  
**109<sup>99</sup>** 450g each  
I&J Frozen Hake/Haddock Medallions

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## A BETTER FRESH SELECTION

FARM FRESH  
PROMISE

100%  
GUARANTEED

If you're not totally satisfied,  
return any item  
WE'LL REPLACE IT,  
NO QUESTIONS ASKED.

SAVE 40%  
ANY 2 FOR  
**R50**

Choice Packham Pears  
1.5kg bag/Choice Cripps'  
Pink Apples/Golden  
Delicious Apples 1.5kg bag

AS SEEN  
ON TV

BUY ANY 2 &  
**SAVE  
R10**

Export Quality Blueberries  
220g cup/350g tub/  
Strawberries 250g/450g pack

BUY ANY 2 &  
**SAVE  
15%**

Artichokes  
2 per pack/  
Asparagus  
170g pack/250g bag

BUY ANY 2 &  
**SAVE  
20%**

Padkos Raw Macadamia/  
Almonds/Brazil/Walnuts/  
Cashew Nuts 100g bag

BUY ANY 4 &  
**SAVE  
20%**

Selected  
Salad Lines

SAVE 30%  
ALL 4 FOR  
**R100**

Choice Green  
Peppers 500g bag &  
Class 1 Onions 1kg  
bag & Class 1 Boil  
& Roast Potatoes  
2kg bag & Class 1  
Tomatoes 1kg bag

## DELI

FROM  
**34<sup>99</sup>**

Feinschmecker  
Smoked Pepperoni/  
Cervelat/Beef/Pepper/  
Hungarian/Traditional/  
Italian Salami

BUY ANY 2 &  
**SAVE  
10%**

Qualifresh Garlic  
All Variants 125g

SAVE  
**15%**

Tirolese Meats  
Sliced Meat  
All Variants 400g Each

## FRESH BAKERY DELIGHTS

SAVE R10  
BUY 2 FOR  
**R60**

Freshly Baked  
Banana Loaf 450g

SAVE  
**10%**

Freshly Baked  
Dinner Brioche/  
Sourdough  
Ciabatta/Baguette

SAVE R10  
**84<sup>99</sup>**

Freshly Baked  
Black Forest Cake

BUY ANY 2 &  
**SAVE  
15%**

Meze Foods  
Pita Pockets  
All Variants  
5-10 per pack

BUY ANY 2 &  
**SAVE  
10%**

Freshly Baked  
Muffins All Variants  
4 per pack

## MEAL SOLUTIONS

FROM  
**64<sup>99</sup>**

Simple Truth  
Spinach & Butternut/  
Gourmade  
Pumpkin Fritters

FROM  
**69<sup>99</sup>**

Simply Great  
Potato Salad/  
Caprese Pasta Salad

SAVE 10%  
**134<sup>99</sup>**

Gourmade  
Peppermint  
Crunch/Strawberry  
Cheesecake Dessert

**169<sup>99</sup>**

Ready to Braai  
Sweet & Sticky  
Asian-Style/  
BBQ Pork Loin Ribs

BUY ANY 2 &  
**SAVE  
R100**

Bella Vita Beef  
Lasagne/Mac  
Cheese Pasta 1kg

SAVE  
**R10**

Foodie! Fried Rice/  
Gourmade Cottage  
Pie 800g/1kg Each

## THE WIDEST CHEESE RANGE IN SA

SAVE 10%  
**44<sup>99</sup>**

Fairview Brie/  
Camembert Cheese  
All Variants

SAVE R10  
**49<sup>99</sup>**

Lancewood Cream  
Cheese All Variants

SAVE R12  
**49<sup>99</sup>**

Meze Foods  
Haloumi Cheese  
Fingers

SAVE R15  
**59<sup>99</sup>**

President Feta  
Cheese All Variants

SAVE 10%  
**71<sup>99</sup>**

Meze Foods  
Modified Feta  
Cheese

SAVE R10  
**89<sup>99</sup>**

Meze Foods Grated  
Parmesan Cheese

SAVE R20  
BUY 2 FOR  
**R100**

The Laughing Cow  
Dip & Crunch Cheese  
Dippers 140g

parmalat  
EVERYTHING  
needs cheese

SAVE R10  
**59<sup>99</sup>**

Parmalat  
Grated Cheese  
All Variants

SAVE R20  
**64<sup>99</sup>**

Parmalat/Melrose  
Cheese Slices  
All Variants

SAVE R40  
**119<sup>99</sup>**

Parmalat/Melrose  
Processed Cheese  
Slices All Variants

SAVE R40  
**129<sup>99</sup>**

Parmalat Gouda/  
Cheddar Cheese

SAVE R10  
**26<sup>99</sup>**

Melrose Cheese  
Spread All Variants

SAVE R10  
**69<sup>99</sup>**

Melrose  
Cheese Spread  
All Variants

SAVE R31  
ANY 2 FOR  
**R89**

Melrose  
Cheese Wedges  
All Variants 200g

SAVE R31  
ANY 2 FOR  
**R89**

Melrose  
Cheese Spread  
All Variants 250g

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we bring the wine route to you

# wine route

Available at  
**Checkers & LiquorShop**

SAVE R15

**84<sup>99</sup>**

Kleine Zalze White Wine All Variants



SAVE R20

**109<sup>99</sup>**

Neil Ellis Wine All Variants



SAVE R25

**149<sup>99</sup>**

Paul Cluver Village Pinot Noir Red/Chardonnay White Wine Each



SAVE R30

**89<sup>99</sup>**

J.C. Le Roux Sparkling Wine All Variants



SAVE R20

**79<sup>99</sup>**

Nederburg Baronne Cabernet Sauvignon Shiraz Red Blend Wine



SAVE R15

**94<sup>99</sup>**

Kleine Zalze Red Wine All Variants



SAVE R30

**199<sup>99</sup>**

Boschendal Nicolas Red Blend Wine



SAVE R30

**164<sup>99</sup>**

Kleine Zalze Cap NV Brut/ Brut Rose



SAVE R40

**189<sup>99</sup>**

L'Ormarins Cap Classique Sparkling Wine All Variants



## LiquorShop

SAVE R20

**149<sup>99</sup>**

African Dew Marula Cream Liqueur



SAVE R20

**179<sup>99</sup>**

Sperone Aperitivo Spirit Cooler



SAVE R50

**FREE DEAL**

**179<sup>99</sup>**

BUY Smirnoff No. 21 Vodka 750ml & GET Stonery Original Ginger Beer Soft Drink 2x FREE!



SAVE R50

**279<sup>99</sup>**

Tanqueray Gin All Variants Each



SAVE R40

**239<sup>99</sup>**

William Grant's Blended Scotch Whisky



SAVE R60

**299<sup>99</sup>**

Jack Daniel's Tennessee Whiskey All Variants Each



SAVE R60

**379<sup>99</sup>**

Johnnie Walker Black Label 12-Year-Old Blended Scotch Whisky



SAVE R80

**379<sup>99</sup>**

KWV 10-Year-Old Brandy



SAVE R50

**499<sup>99</sup>**

DE LUZE VS Cognac



SAVE R45

ANY 2 FOR

**R165**

Kix Tropical Spritzer NRB 6x330ml



SAVE R45

ANY 2 FOR

**R195**

Savanna Dry Premium Cider NRB 12x330ml per pack



SAVE R50

ANY 2 FOR

**R200**

Breezer Spirit Cooler NRB All Variants 6x275ml



SAVE R50

BUY 2 FOR

**R200**

Extreme Energy NRB 6x275ml



SAVE R50

ANY 2 FOR

**R210**

Belgravia London Dry Gin Cooler NRB All Variants 6x275ml



SAVE R50

ANY 2 FOR

**R240**

Smirnoff Ice Pine/Berry/Storm Spirit Cooler 6x440ml



SAVE R55

BUY 2 FOR

**R145**

Flying Fish Pressed Lemon Flavoured Beer NRB 6x330ml



SAVE R55

BUY 2 FOR

**R145**

Castle Lite Beer NRB 6x330ml



SAVE R40

ANY 2 FOR

**R180**

Heineken Original/Silver Beer NRB 6x330ml



SAVE R55

ANY 2 FOR

**R195**

Windhoek Premium Draught Beer NRB/Cans 6x440ml



SAVE R40

ANY 2 FOR

**R200**

Corona Extra/Cero Beer NRB 6x355ml



Not for Persons Under the Age of 18. Drink Responsibly. **#NO18** awareliving

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**SAVE R15**

**99<sup>99</sup>**  
6ltr per pack

Dewfresh Long Life Milk All Variants

**BUY 2 FOR R159**  
BUY 1 FOR R84<sup>99</sup>

Clover Butro Full Cream Modified Butter Spread 500g

AS SEEN ON TV

**SAVE R50**

**ANY 2 FOR R110**

Ola Rich 'n Creamy Ice Cream All Variants 1,8l

**SAVE R30**

**ANY 2 FOR R120**

Dr. Oetker Ital Pizza Classic Frozen Pizza All Variants

# BEST VALUE FOR MONEY SUPERMARKET

**SAVE 10%**

**16<sup>99</sup>**  
750g each

Sunbake Standard/Farmstyle White Bread

**SAVE 13%**

**19<sup>99</sup>**  
10 per pack

Sunbake White Hot Dog Rolls/Hamburger Buns

**SAVE R13**

**36<sup>99</sup>**  
1kg

Rama Spread for Bread 37% Fat Spread

**SAVE R14**

**42<sup>99</sup>**  
1kg each

Sunshine D 40% Lite/60% Original Fat Spread

**SAVE R21**

**ANY 2 FOR R55**  
BUY 1 FOR R24<sup>99</sup>

Stork White/Baking Margarine 500g

**SAVE R30**

**79<sup>99</sup>**  
30 per pack

Extra Large Eggs (Brands May Vary)

**SAVE R51**

**ANY 3 FOR R99**

Canola Margarine/Fat Spread All Variants 1kg

**ANY 2 FOR R139**  
BUY 1 FOR R74<sup>99</sup>

Bonnita/Parmalat Salted Butter 500g

**SAVE R10**

**47<sup>99</sup>**  
200g/1kg each

Lancewood Double Cream/Lactose Free/Plain Greek Yoghurt

**SAVE 20%**

**19<sup>99</sup>**  
500g each

Danone Yogi Sip Drinking Yoghurt All Variants

**SAVE R10**

**24<sup>99</sup>**  
1kg

Parmalat Vanilla Flavoured Custard

**SAVE 19%**

**29<sup>99</sup>**  
2l each

Douglasdale Full Cream/Low Fat Fresh Milk

**SAVE 19%**

**34<sup>99</sup>**  
2l each

Clover Tropika Dairy Fruit Mix All Variants

**SAVE 14%**

**49<sup>99</sup>**  
1,5l each

Sir Fruit 100% Fruit Juice Blend All Variants

**SAVE R15**

**64<sup>99</sup>**  
500ml each

Take 5 100% Fruit Juice Blend All Variants

**SAVE 24%**

**24<sup>99</sup>**  
500ml each

First Choice Whipping/Dessert Cream

**SAVE R10**

**42<sup>99</sup>**  
500ml each

Douglasdale Fresh Cream

**SAVE R25**

**99<sup>99</sup>**  
1ltr per pack

Clover Nola Lactose Free Medium Cream Milk

**SAVE R45**

**89<sup>99</sup>**  
1,5l each

Nestlé Premium/Dairymaid Gelata Roma Ice Cream All Variants

**SAVE R160**

**ANY 2 FOR R160**

Cadbury Ice Cream All Variants 5x60ml per pack

**SAVE R30**

**119<sup>99</sup>**  
6 per pack

Pleasant's Frozen Pockets All Variants

**SAVE R50**

**ANY 2 FOR R120**

Dr. Oetker Nice 'n Easy Frozen Ready Meals All Variants 320g/350g

**SAVE R13**

**36<sup>99</sup>**  
700g each

McCain Harvestime Gourmet Stir Fry Vegetables All Variants

**SAVE R12**

**42<sup>99</sup>**  
900g

Nature's Garden Frozen Mixed Vegetables

**SAVE R13**

**46<sup>99</sup>**  
1kg each

McCain Harvestime Gourmet Frozen Country Crop/Garden Mix Vegetables

**SAVE R15**

**49<sup>99</sup>**  
1kg each

McCain Frozen Slap Chips/Skinny Fries

**SAVE R30**

**119<sup>99</sup>**  
4/6/30 per pack

Mama's Pies Frozen Pies All Variants/Today Frozen Beef Sausage Rolls

**SAVE R35**

**129<sup>99</sup>**  
4 per pack

Dr. Oetker Ital Pizza Classic Frozen Margherita Pizza

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**BUY ANY 2 &  
SAVE  
R10**

Export Quality Blueberries  
125g cup/350g tub/200g  
tube/600g pack/Frooties  
Blueberries 4 per pack/  
Mini Strawberries 250g  
pack/Choice Strawberries  
250g/400g/350g/  
700g pack



**SAVE R20  
ANY 2 FOR  
R80**

Simple Truth  
High Protein  
Muesli  
All Variants 350g



**BUY ANY 2 &  
SAVE  
R10**

Ripe & Ready  
Avocados  
2/4/6 per pack



20.9g  
protein per  
serving

**49<sup>99</sup>**  
400g

Simple Truth  
Ostrich Mince

# protein-maxxing

Simple ways to enjoy more protein  
from breakfast to dinner.



**SAVE R50**  
**299<sup>99</sup>**  
500g each  
Wazooles  
Superfood Protein  
Smoothie Blend  
All Variants

Same  
range,  
delivered.



SHOP NOW

**BUY ANY 2 &  
SAVE  
15%**

Asparagus 170g  
pack/250g bag/Baby  
Asparagus 100g pack/  
Artichokes 2 per pack



25g protein  
per serving

**SAVE UP TO 20%  
FROM  
24<sup>99</sup>**  
450g each  
The Bakery  
Sourdough  
Loaves  
All Variants



**44<sup>99</sup>**  
150g each

Forage and Feast  
Light Meat Yellowfin  
Tuna Chunks in  
Olive Oil



14g protein  
per serving



**SAVE R50**  
**349<sup>99</sup>**  
500g  
Forage and Feast  
Frozen Norwegian  
Salmon Portions

## more from metalab

**49<sup>99</sup>**  
240ml

Metalab Protein  
Chocolate Milk



15g protein  
per serving

protein  
keeps  
you fuller  
for longer



**FROM  
699<sup>99</sup>**  
900g

Metalab  
Whey Protein  
All Variants each



**359<sup>99</sup>**  
300g each

Metalab Whey  
Protein All Variants



EXCLUSIVE TO  
Checkers



**249<sup>99</sup>**  
400g

Metalab High  
Protein Pancake Mix

24.4g protein  
per serving

## wellness better & better

OFFERS VALID FROM 19 OCTOBER 2026 UNTIL 8 NOVEMBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

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SAVE R8

31<sup>99</sup>  
2kg



Tastic  
Long Grain  
Parboiled  
White Rice

SAVE R11

41<sup>99</sup>  
500g-  
750g each



Nola  
Mayonnaise  
All Variants



SAVE R40

ANY 2 FOR  
R30



Fatti's & Moni's  
Pasta Shapes  
All Variants 500g



SAVE R26

ANY 2 FOR  
R58



Kellogg's  
Instant  
Noodles  
All Variants  
5x70g  
per pack

KEEP SWIPING, KEEP SAVING



SAVE 10%

ANY 3 FOR  
R59



Cape Point  
Shredded  
Tuna in Oil/  
Brine 170g



SAVE R10

22<sup>99</sup>  
410g each

Koo Peach Halves/  
Slices in Syrup



BUY 2 FOR

R32

Koo Baked Beans in  
Tomato Sauce 400g



SAVE 29%

16<sup>99</sup>  
410g each

Koo Whole Kernel/  
Creamstyle Sweetcorn



SAVE 14%

24<sup>99</sup>  
410g each

Miami Boerie  
Relish All Variants



SAVE R5

16<sup>99</sup>  
410g each

Miami Tomato &  
Onion Mix



SAVE R14

ANY 2 FOR  
R32

Miami Tomatoes  
All Variants 410g



SAVE 11%

32<sup>99</sup>  
410g each

Bull Brand Corned  
Meat All Variants



SAVE R130  
BUY 2 FOR  
R350

Santa Bianca  
Extra Virgin  
Olive Oil 1L



SAVE R10

38<sup>99</sup>  
17g-60g each

Cape Herb & Spice Spice/  
Seasoning Shaker All Variants



BUY ANY 2 &  
SAVE 30%

Walker Bay Herbs/Spice  
Shaker All Variants 17g-60g



SAVE R10

39<sup>99</sup>  
17g-60g each

Ina Paarman's Seasoning/  
Spice Shaker All Variants



SAVE R13

39<sup>99</sup>  
17g-60g each

Cape Herb & Spice  
Spices All Variants



SAVE R50

109<sup>99</sup>  
1L

Willow Creek Medoro  
Extra Virgin Olive Oil



SAVE R50

199<sup>99</sup>  
1L

Vesuvio Extra  
Virgin Olive Oil



SAVE R10

29<sup>99</sup>  
17g-60g each

Koo Grated/Sliced  
Beetroot All Variants



SAVE R10

36<sup>99</sup>  
17g-60g each

Offenau Cocktail  
Onions All Variants



SAVE R10

79<sup>99</sup>  
17g-60g each

Mount Cedar  
Kalamata Olives



SAVE R10

46<sup>99</sup>  
17g-60g each

Ina Paarman's  
Pesto Sauce All Variants



SAVE R15

59<sup>99</sup>  
17g-60g each

Ina Paarman's  
Pasta Sauce All Variants



SAVE 17%

38<sup>99</sup>  
17g-60g each

B-well Mayonnaise  
All Variants

SAVE R15

24<sup>99</sup>  
200g each

Knorr Aromat  
Seasoning Trio Refill  
All Variants



SAVE R14

ANY 2 FOR  
R26

Robertsons Spice  
Refill All Variants



SAVE R14

ANY 2 FOR  
R30

Knorr Cook-in-Sauce/  
Potato Bake All Variants



SAVE R12

BUY 6 FOR  
R36

Miami Tomato  
Paste 50g



SAVE R35

59<sup>99</sup>  
1kg

Tastic  
Basmati Rice



SAVE R20

59<sup>99</sup>  
5kg

White Star  
Super Maize Meal



OFFERS VALID FROM 19 OCTOBER 2026 UNTIL 8 NOVEMBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

SAVE 19%

**29<sup>99</sup>**  
200g each



SAVE 19%

**34<sup>99</sup>**  
700ml each



SAVE R35

**109<sup>99</sup>**  
20 per pack



SAVE R41

**BOTH FOR R99**



**SWIPE & SAVE XTRA**



SAVE R17  
**39<sup>99</sup>**  
250g each



SAVE R20  
**39<sup>99</sup>**  
500ml each



SAVE 17%  
**38<sup>99</sup>**  
250ml each



SAVE R10  
**36<sup>99</sup>**  
375ml each



SAVE R12  
**42<sup>99</sup>**  
750ml each



SAVE R20  
**64<sup>99</sup>**  
500ml



SAVE R15  
**69<sup>99</sup>**  
350ml each



SAVE R10  
**69<sup>99</sup>**  
350g each

Simple Truth  
Reduced  
Sugar Choc  
Hazelnut  
Spread



SAVE R13  
**36<sup>99</sup>**  
500g each



SAVE R10  
**59<sup>99</sup>**  
300g each



SAVE R20  
**69<sup>99</sup>**  
500g each



SAVE R13  
**49<sup>99</sup>**  
220g each



SAVE R25  
**99<sup>99</sup>**  
300g



SAVE R10  
**39<sup>99</sup>**  
500g each



SAVE R10  
**69<sup>99</sup>**  
475g



SAVE R8  
**26<sup>99</sup>**  
300g each



SAVE R20  
**59<sup>99</sup>**  
700g each



SAVE R20  
**59<sup>99</sup>**  
100 per pack



SAVE R22  
**119<sup>99</sup>**  
750g



SAVE R30  
**289<sup>99</sup>**  
1kg each



SAVE R15  
**84<sup>99</sup>**  
500g



SAVE R40  
**99<sup>99</sup>**  
1,20kg each

Futurelife  
Smart Food  
Cereal  
All Variants

SAVE R11

**38<sup>99</sup>**  
750g/1kg each

Jungle Original/  
Instant Oats All Variants



SAVE R10

**69<sup>99</sup>**  
1kg

Jungle Taystee Wheat  
Semolina Porridge



SAVE R28

**76<sup>99</sup>**  
1kg

Kellogg's  
Corn Flakes Cereal



SAVE R20

**79<sup>99</sup>**  
1kg

Kellogg's All-Bran  
Flakes Cereal



**better every day**



BUY ANY 2 &

**SAVE 30%**

Laager  
Teabags  
Products

OFFERS VALID FROM 19 OCTOBER 2026 UNTIL 8 NOVEMBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

**SAVE R10**

**34<sup>99</sup>**  
2.5kg

Golden Cloud Cake Wheat Flour

**SAVE R16**

**56<sup>99</sup>**  
2.5kg

Hulett's White Sugar

**SAVE R12**

**69<sup>99</sup>**  
250g-850g each

Ina Paarman's Cake/Dessert Mix All Variants

**SAVE R15**

**74<sup>99</sup>**  
2L each

Excella Sunflower Oil

# OVER R25 MILLION IN DAILY SAVINGS

**EXTRA SAVINGS**  
Checkers

**SAVE R14**

**29<sup>99</sup>**  
200g/300ml each

Nestlé Ideal Evaporated Milk/Dessert & Cooking Cream

**SAVE R13**

**36<sup>99</sup>**  
200g/300g each

Nestlé Caramel Treat Cake Filling/Condensed Milk

**SAVE 22%**

**24<sup>99</sup>**  
250g/350g each

Trumps Vermicelli All Variants

**SAVE 12%**

**34<sup>99</sup>**  
250g each

Trumps Cherries All Variants

**SAVE 11%**

**39<sup>99</sup>**  
200g each

Melt Easy Baking Chocolate All Variants

**SAVE R10**

**59<sup>99</sup>**  
200g

Staffords Choc Chips

**SAVE 8%**

**59<sup>99</sup>**  
300g

Staffords Lemon Curd

**SAVE R15**

**39<sup>99</sup>**  
300ml each

Cook 'n Bake Non-Stick Spray All Variants

**SAVE 26%**

**ANY 2 FOR R22**

Robertson's Essence/Food Colouring All Variants 40ml

**SAVE 21%**

**29<sup>99</sup>**  
50g

Sheridan's Gelatine

**SAVE R12**

**ANY 3 FOR R30**

Moir's Jelly All Variants 80g

**SAVE R15**

**29<sup>99</sup>**  
500g each

Selati Castor/Icing Sugar

**SAVE R25**

**74<sup>99</sup>**  
100g

Nestlé Cocoa

**SAVE R40**

**34<sup>99</sup>**  
500g

Safari Dried Fruit Cake Mix

**SAVE R10**

**BUY 4 FOR R18**

Anchor Instant Yeast 10g

**SAVE 24%**

**28<sup>99</sup>**  
250g

Royal Baking Powder Refill

**SAVE 14%**

**29<sup>99</sup>**  
250g

Snowflake Vanilla Flavoured Custard Powder

**SAVE 12%**

**34<sup>99</sup>**  
500g

Moir's Vanilla Flavoured Custard Powder Refill

**SAVE 12%**

**34<sup>99</sup>**  
250g

Maizena Gluten Free Cornflour

**SAVE 11%**

**39<sup>99</sup>**  
400g/500g each

Golden Cloud Muffin Mix All Variants

**SAVE R20**

**49<sup>99</sup>**  
400g/500g each

Snowflake Creations Premix All Variants

**SAVE 15%**

Golden Cloud Dessert Mix All Variants 250g Each

**SAVE R15**

**59<sup>99</sup>**  
6x500ml per pack

Thirsti Sports Drink All Variants

**SAVE R30**

**64<sup>99</sup>**  
6x500ml per pack

Bonaqua Pump Still Water All Variants

**SAVE R13**

**39<sup>99</sup>**  
6x500ml per pack

aQuelle Unflavoured Still/Sparkling Water

**SAVE R16**

**R79**

Pepsi Regular/Zero Sugar Cold Drink 12x330ml per pack

**SAVE R31**

**BUY 2 FOR R149**

Castle Alcohol Free Lager Beer 6x410ml per pack

**SAVE R12**

**ANY 2 FOR R32**

Fitch & Leedes Tonic/Soft Drink All Variants 1L

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**SAVE 30%**  
**ANY 2 FOR R38**

Doritos Corn Chips All Variants 145g

**SAVE R45**  
**ANY 2 FOR R89**

Nestlé Mini Chocolate Fun Bags All Variants

**SAVE 15%**  
**BUY 2 FOR R49**

Coca-Cola Original Taste Less Sugar Cold Drink 2L

**SAVE R20**  
**49<sup>99</sup>**  
each

Liqui Fruit 100% Fruit Juice Blend All Variants

GET UP TO **30% BACK IN-STORE**

**IN U-COUNT REWARDS POINTS**  
WHEN PAYING WITH YOUR QUALIFYING STANDARD BANK CARD  
\*T&Cs apply

**Standard Bank**

**SAVE R10**  
**ANY 2 FOR R22**

Jungle Energy Bar All Variants 40g-48g

**SAVE R10**  
**19<sup>99</sup>**  
each

Bakers Red Label Cream Biscuits All Variants

**SAVE R14**  
**ANY 2 FOR R46**

Bakers Tennis Biscuits All Variants 200g

**SAVE R28**  
**39<sup>99</sup>**  
each

Romany Biscuits All Variants

**SAVE 20%**

Lindt Lindor Chocolate Balls All Variants 200g

**SAVE R18**  
**ANY 3 FOR R33**

Cadbury 5Star/Astros/Crunchie/Lunch Bar/P.S. Chocolate Bar

**SAVE R15**  
**59<sup>99</sup>**  
each

Ferrero Rocher Chocolate Slab All Variants

**SAVE R15**  
**ANY 3 FOR R45**

Oreo Biscuits All Variants 128g

**SAVE R19**  
**ANY 2 FOR R55**

De Vries Double Velvet Biscuits All Variants 185g

**BUY ANY 3 & SAVE 25%**

Cadbury Dairy Milk Chocolate Slab All Variants 150g

**SAVE R30**  
**ANY 2 FOR R110**

Cadbury Whispers/Tumbles Chocolate 170g/180g

**SAVE R20**  
**99<sup>99</sup>**  
each

Nestlé Quality Street Assorted Chocolates

**SAVE 9%**  
**29<sup>99</sup>**  
each

Amajoya Sweets All Variants

**SAVE R16**  
**ANY 2 FOR R40**

Maynards Gum Sweets All Variants 100g

**SAVE R24**  
**ANY 2 FOR R40**

Maynards Jelly Tots Sweets All Variants 100g

**SAVE R20**  
**ANY 2 FOR R40**

Maynards Allsorts Liquorice All Variants 150g

**SAVE R22**  
**ANY 2 FOR R44**

Manhattan/Mister Sweet Gum/Jelly Sweets All Variants 125g

**SAVE R11**  
**ANY 2 FOR R29**

Red Bull Energy Drink All Variants 250ml

**SAVE R20**  
**ANY 2 FOR R50**

Douwé Egberts Iced Coffee All Variants 250ml

**SAVE R8**  
**ANY 2 FOR R20**

Truda Flyers/Spookies Maize Snack Strip All Variants 4 per strip

**SAVE R11**  
**ANY 2 FOR R25**

Webbz Full 'O Joyz Pillow Snacks All Variants 5x25g per pack

**SAVE R7**  
**ANY 2 FOR R17**

Webbz Snack Balls All Variants 100g

**SAVE 22%**  
**ANY 2 FOR R28**

Wonder Pop Popcorn All Variants 90g

**SAVE 20%**  
**ANY 2 FOR R32**

Fiestas Corn Chips All Variants 150g

**SAVE 22%**  
**ANY 2 FOR R36**

Craves Crispy Rings Snack All Variants 60g

**SAVE 17%**  
**32<sup>99</sup>**  
each

Cappy 100% Fruit Juice Blend All Variants

**SAVE R6**  
**41<sup>99</sup>**  
each

Appletiser/Grapetiser Sparkling Juice All Variants

**SAVE R12**  
**ANY 2 FOR R34**

Pepsi Original/Mirinda/Mountain Dew Cold Drink 2L

**SAVE 17%**  
**ANY 2 FOR R38**

Fanta/Sprite/Stoney Cold Drink/Schweppes Soda Water 2L

**SAVE R30**  
**ANY 2 FOR R100**

Rose's Cordial Concentrate All Variants 750ml

**SAVE R10**  
**36<sup>99</sup>**  
each

Brookes Oros Squash Concentrate All Variants

**SAVE R40**  
**109<sup>99</sup>**  
each

Magalies Nectar Concentrate All Variants

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# BABY



**SAVE R45**  
**249<sup>99</sup>**  
850g each

Pediasure  
3+ Vanilla/  
Chocolate  
Nutritional  
Supplement  
for Growing  
Children



**SAVE R40**  
**219<sup>99</sup>**  
per pack

Pampers  
Premium Care  
Value Pack  
Disposable  
Nappies/  
Pants



**BUY 2 FOR**  
**229<sup>99</sup>**  
PER PACK  
**SAVE R105**  
PER PACK  
**BUY 1 FOR**  
**249<sup>99</sup>**  
PER PACK  
**SAVE R85**  
PER PACK

Pampers Jumbo  
Pack Disposable  
Nappies/Pants

**LOVIES**  
**ultra**  
premium nappies

- Up to 12-hour protection
- Dermatologically tested
- Soothing aloe vera
- Stretchy waistband & sides for a snug fit

**SAVE R40**  
**149<sup>99</sup>**  
per pack

Lovies Ultra  
Value Pack/  
Jumbo Pack  
Disposable  
Nappies



SA's new  
premium nappy



**SAVE R12**  
**ANY 2 FOR**  
**R32**

Johnson's Baby Soap  
All Variants 175g



**SAVE R20**  
**54<sup>99</sup>**  
500ml each

Johnson's Baby Aqueous  
Cream All Variants



**SAVE R20**  
**54<sup>99</sup>**  
500ml each

Johnson's Baby  
Jelly All Variants



**SAVE R15**  
**64<sup>99</sup>**  
400g

Johnson's  
Baby Powder



**SAVE R25**  
**79<sup>99</sup>**  
500ml each

Johnson's Baby Liquid Soap/  
Shampoo/Baby Wash/Baby Oil



**SAVE R15**  
**ANY 2 FOR**  
**R45**

Lovies Baby Wipes  
All Variants 72 per pack



**SAVE R19**  
**BOTH FOR**  
**R55**

Dove Baby Wipes 50 per pack &  
Baby Soap All Variants 90g



**SAVE R16**  
**ANY 4 FOR**  
**R53**

Purify 2nd Foods/Pouch Baby  
Food All Variants 110ml/125ml



**SAVE R22**  
**ANY 4 FOR**  
**R59**

Purify 3rd Foods/Snack Pouch  
Baby Food All Variants 150ml/200ml



**SAVE 22%**  
**24<sup>99</sup>**  
200g each

Purify Baby Cereal  
All Variants



**SAVE 12%**  
**54<sup>99</sup>**  
500g each

Nestlé Nestum Baby  
Cereal All Variants



**SAVE R20**  
**169<sup>99</sup>**  
500g

Nestlé Nido 3+ Powdered  
Drink for Growing Children



**SAVE R60**  
**439<sup>99</sup>**  
1.4kg

Pediasure 3+ Nutritional  
Supplement for Growing Children



3-  
PACK

**SAVE R10**  
**39<sup>99</sup>**  
3 per pack

Jolly Tots Soft Tip Spoons  
6 months All Variants



25-  
PACK

**SAVE R10**  
**69<sup>99</sup>**  
25 per pack

Jolly Tots Breast  
Milk Storage Bags



**SAVE R50**  
**149<sup>99</sup>**  
each

Tommee Tippee Cups  
6-12 months+ All Variants



**SAVE R40**  
**199<sup>99</sup>**  
each

Nuk Hard Spout Trainer  
Cup 230ml 6 months+ All Variants



**SAVE R20**  
**79<sup>99</sup>**  
each

Jolly Tots Basic Baby  
Bath All Variants

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## CARE FOR YOUR DIGESTIVE WELLNESS



SAVE R13  
**29<sup>99</sup>**  
10 per pack

Brooklax  
Laxative Tablet



SAVE R20  
ANY 2 FOR  
**R40**

Brunel Mist Alba  
Original/Banana 100ml



SAVE R10  
**59<sup>99</sup>**  
10 per pack

Eno Regular/Orange  
Active Fruit Salt



SAVE UP TO R40  
FROM  
**89<sup>99</sup>**  
RACH

Gaviscon Antacid Selected Variants  
Peppermint/Aniseed 150ml - R89,99 Save R10  
Plus Sachets 10mlx12 - R89,99 Save R40  
Tablets 24 per pack - R89,99 Save R30  
Peppermint 10mlx12 - R99,99 and Save R40



SAVE  
**25%**

Rennie Peppermint/Spearmint/  
Orange Chewable Antacid  
Tablets 24/48/96 per pack

## LITTLE ONES DESERVE EXTRA CARE



SAVE  
**30%**

Himalaya Bonnisapaz Drops  
15ml/Bonnisan Liquid 120ml



SAVE 19%  
**29<sup>99</sup>**  
7 per pack

Muthi Wenyoni  
Antacid



SAVE R15  
**49<sup>99</sup>**  
100ml

Woodward's  
Gripe Water



SAVE R15  
**49<sup>99</sup>**  
10g

Teejel  
Teething Gel



SAVE R18  
**59<sup>99</sup>**  
100ml

Panado Paediatric  
Syrup All Variants



SAVE R40  
**119<sup>99</sup>**  
30ml

Telament Paediatric  
Colic Drops 30ml



SAVE R20  
**89<sup>99</sup>**  
100ml

Crèche Guard  
Cough Remedy  
Syrup

## VITAMINS & SUPPLEMENTS



BUY ANY 2 &  
SAVE  
**20%**

BioPlus Energy Gummies  
All Variants 65g



BUY ANY 3 &  
SAVE  
**20%**

Vital  
Products



SAVE R20  
**169<sup>99</sup>**  
30 per pack

Revite Ashwagandha with  
Vitamin B6 Capsules



SAVE R50  
**159<sup>99</sup>**  
30 per pack

Centrum Men/Woman/Select  
50+ Multivitamin Tablets



SAVE 25%  
**209<sup>99</sup>**  
200g

Medirite  
Collagen Powder

## CARE FOR COLDS & FLU



SAVE R20  
**54<sup>99</sup>**  
30 per pack

Triparc Triple Relief  
Formula Powder



SAVE R13  
**59<sup>99</sup>**  
100ml

Borstol Cough Syrup  
All Variants



SAVE R16  
ANY 2 FOR  
**R60**

Panado Pain Relief Tablets Tub/  
Blister Pack 24 per pack



BUY 3  
& GET THE  
CHEAPEST  
FREE

Vicks Products  
Excluding 10g



SAVE  
**20%**

Sinutab Saline Nasal Spray 15ml/  
Benlylin Lozenges 20 per pack/Cough Syrup  
100ml/All-in-One Flu Defence 100ml

DEALS ALSO AVAILABLE AT Medirite+

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SAVE R21

ANY 3 FOR

R39

Lux Bath Soap  
All Variants  
150g

SAVE R22

ANY 2 FOR

R44

Colgate Toothpaste  
All Variants  
100ml

SAVE R30

ANY 2 FOR

R90

Ingram's Body Cream  
Selected Variants 450ml

SAVE FROM R30

54<sup>99</sup>

400ml each

Nivea Body Lotion/Cream  
Selected Variants

AS SEEN ON TV

BEST VALUE FOR PERSONAL CARE

BEST VALUE FOR MONEY

Best Buy

AWARD

2024/2025

GENERAL • 2024/2025

RECOGNITION FOR HYGIENE AND PERSONAL CARE

LENTHERIC

LONDON • PARIS

SAVE R10

59<sup>99</sup>

100ml each

I Love Body & Hair Mist All Variants

SAVE R22

ANY 2 FOR

R48

Nivea Roll-On All Variants 50ml

SAVE R12

24<sup>99</sup>

50ml each

Dove Roll-On All Variants

SAVE R20

69<sup>99</sup>

100ml each

Mitchum Ladies' Roll-On All Variants

SAVE R30

89<sup>99</sup>

100ml each

Mitchum Gel Stick All Variants

SAVE 20%

Schick Razor Products

BUY ANY 2 & SAVE 20%

Shower to Shower Roll-On 50ml/Deodorant 150ml All Variants

SAVE R12

32<sup>99</sup>

50ml each

Lenthéric Ladies' Deodorant All Variants

SAVE R8

41<sup>99</sup>

100ml each

Dove Deodorant All Variants

SAVE 30%

Nivea Sun Protection Products

SAVE 30%

EverySun Sun Protection Products

SAVE R32

ANY 2 FOR

R60

Axe Deodorant All Variants 150ml

SAVE R20

169<sup>99</sup>

150ml each

Palmer's Radiance Shimmer Body Oil

SAVE R30

99<sup>99</sup>

400ml each

Vaseline Cera-Glow Body Lotion/Cream

SAVE R45

134<sup>99</sup>

400ml each

Vaseline Cera-Glow Body Gel-Oil

BUY ANY 2 & SAVE 15%

Nivea Facial Care Products

SAVE 15%

Nivea Q10 Firming Body Lotion All Variants 400ml/625ml Each

Protex

NEW

ACTIVELY NEUTRALISES ODOUR FOR LASTING FRESHNESS™

WITH SALICYLIC ACID TECHNOLOGY

NEW

Protects against 99.9% of germs\*\*

Protex

Odour Control

SAVE R12

ANY 3 FOR

R39

Protex Bath Soap All Variants 175g

Protects against 99.9% of germs\*\*

Protex

Pimple Control

Protects against 99.9% of germs\*\*

Protex

Deep Clean

24H

LASTING GERM PROTECTION™

For soft skin & lasting nourishment

Vaseline

SAVE R35

54<sup>99</sup>

400ml each

Vaseline Body Lotion/Cream Selected Variants

NEW

Vaseline

MEN

EXTRA HYDRATION

72h

Vaseline

Nourishing Argan Oil

72h

Vaseline

EXTRA HYDRATION

72h

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Page 14

**SAVE FROM R65**

**249<sup>99</sup>**  
500g each

**E45 Dermatological Body Cream**

**SAVE R61**

**64<sup>99</sup>**  
4x90g per pack

**Dove Bath Soap All Variants**

**SAVE R30**

**119<sup>99</sup>**  
750ml/900ml each

**Tresemmé Shampoo/Conditioner All Variants**

**SAVE R70**

**ANY 2 FOR R120**

**Sanex Shower Gel All Variants 500ml**

# ADD THESE DEALS TO YOUR BASKET

**SAVE FROM R10**

**ANY 2 FOR R40**

**White Glo Toothpaste All Variants 75ml**

**SAVE R20**

**79<sup>99</sup>**  
150ml each

**Sensodyne Toothpaste All Variants**

**AS SEEN ON TV**

**SAVE UP TO R80**

**ANY 2 FOR R110**

**Colgate Pro/Optic/Total Toothpaste All Variants 50ml-150ml**

**SAVE R20**

**59<sup>99</sup>**  
500ml each

**Colgate Plax Icy Cool Mint/Soft Mint Mouthwash**

**SAVE 25%**

**Colgate Toothbrush All Variants 1-4 per pack**

**SAVE 20%**

**Dentek Dental Floss Picks All Variants 75/90 per pack**

**SAVE R10**

**ANY 2 FOR R40**

**Reitzler's Glycerine Soap All Variants 100g/150g**

**SAVE R15**

**74<sup>99</sup>**  
400ml each

**Dove Shower Gel All Variants**

**SAVE R61**

**ANY 2 FOR R99**

**Dettol Hand Wash Refill All Variants 500ml**

**BUY ANY 2 & SAVE 20%**

**Nonova Soak It Up Bath Accessories All Variants**

**SAVE R5**

**19<sup>99</sup>**  
each

**Essentials Robin Guest Towel 30x50cm All Variants**

**SAVE R15**

**44<sup>99</sup>**  
12 per pack

**Lil-lets Non-Applicator Tampons All Variants**

**SAVE R10**

**42<sup>99</sup>**  
120 per pack

**Lil-lets Pantyliners All Variants**

**SAVE FROM R45**

**ANY 2 FOR R75**

**Always Sanitary Pads All Variants 12-20 per pack**

**SAVE R20**

**129<sup>99</sup>**  
per set

**Wahl Home Pro Basic Hair Cutting Kit**

**SAVE R50**

**449<sup>99</sup>**  
3-year warranty

**Wahl 2000W Professional Hair Dryer**

**NOURISHES THE SCALP TO STRENGTHEN HAIR WITH GINSENG AND ALMOND OIL**

**UP TO 150 WASHES**

**Organics Shampoo/Conditioner All Variants**

**SAVE R25**

**84<sup>99</sup>**  
1/ each

**SAVE R30**

**119<sup>99</sup>**  
per pack

**Revlon Colorstay Hair Colour All Variants**

**SAVE R20**

**89<sup>99</sup>**  
300ml-500ml each

**Perfect Touch Style Gel/Hairspray/Mousse All Variants**

**Aunt Jackie's CURLS & COILS**

**GET YOUR curl ON**

**SAVE 20%**

**Aunt Jackie's Hair Care Products**

**@auntjackscurlandscoils**

**auntjackscurlandscoils.com**

**ICE CURLS**  
Glossy Curling Jelly

**CURL LA LA**  
Defining Curl Creamer

**TRANSFORM**  
Hydrating Leave-In Conditioner

**DON'T SHRINK**  
Glossing Encouraging Curling Gel

**IN CONTROL**  
Moisturizing & Defining Conditioner

**BABY CURLS**  
Curling & Treating Cream

**REPAIR MY HAIR**  
Repair & Protect Cream

**ON SO CLEAN**  
Sulfate-Free Shampoo

**FRIZZ PATROL**  
Anti-Frizz Styling Gel

**KNOT ON MY WATCH**  
Instant Detangling Spray

**QUEENIES**  
Treating Moisture Cream

PLATINUM

PHILIPS

morphy richards

12-CUP

6,2L

AS SEEN ON TV

20L

SAVE R50  
**449<sup>99</sup>**  
each

SAVE R200  
**799<sup>99</sup>**  
each

SAVE R100  
**899<sup>99</sup>**  
each

Platinum Digital  
Coffee Maker  
• 12-Cup

Philips Analogue  
Air Fryer • 6,2L

Morphy Richards  
Silver Digital  
Microwave • 20L

**WE'LL BEAT ANY APPLIANCE PRICE IN SA, GUARANTEED!\***

\*T&Cs APPLY

**QUISIMO**  
PRESSED ALUMINIUM COOKWARE SET

7-PIECE

SAVE R100  
**899<sup>99</sup>**  
per set

Quisimo Pressed Aluminium Cookware Set • 7-Piece

24-PIECE

SAVE R100  
**299<sup>99</sup>**  
per set

Nordic Coupe Dinner Set • 24-Piece

**MORPHY RICHARDS**

SAVE R100  
**249<sup>99</sup>**  
each

Morphy Richards Rose Gold & Black Steam Iron • 2200W

SAVE R50  
**349<sup>99</sup>**  
each

Morphy Richards Hive Black Rose Gold/White Cordless Kettle • 1,5L

SAVE R50  
**399<sup>99</sup>**  
each

Morphy Richards Hive Black Rose Gold/White Toaster • 2-Slice

SAVE R50  
**349<sup>99</sup>**  
each

Morphy Richards Black Jug Blender • 1,5L

**PLATINUM**

SAVE R20  
**229<sup>99</sup>**  
each

Platinum Egg Cooker

SAVE R20  
**379<sup>99</sup>**  
each

Platinum Panini Press • 2-Slice

SAVE R50  
**299<sup>99</sup>**  
each

Platinum On-the-Go Blender • 300W

SAVE R50  
**449<sup>99</sup>**  
per set

Platinum Hand Blender Set

Tumbler - 49,99  
Hi Ball Blush - 49,99  
Flute - 59,99  
Red Wine - 59,99  
Beer Blush - 69,99

4-PACK

SAVE R10  
**FROM 49<sup>99</sup>**  
per set

Lav Nevakar Blush Glassware Range • 4-Pack

4-PACK

LEAD-FREE CRYSTAL

Flute - 99,99  
Red Wine - 229,99  
Magnum Wine - 229,99  
Stemless Flute - 229,99  
Stemless Marta - 229,99

2/6-PACK

LEAD-FREE CRYSTAL

SAVE R20  
**179<sup>99</sup>**  
per set

Maison Forine Marta Glassware Range • 4-Pack

SAVE R50  
**229<sup>99</sup>**  
per set

Maison Forine Bohemia Glassware Range • 2/6-Pack

**SAVE 20%**  
**Blue Floral Print**  
Crockery Range

Dinner Plate - 39,99  
Side Plate - 19,99  
Bowl - 29,99  
Coffee Mug - 24,99  
Cup & Saucer - 49,99

SAVE R50  
**299<sup>99</sup>**  
per set

Floral Cook & Indulge Non-Stick Fry Pan • 24cm & 28cm

SAVE R50  
**249<sup>99</sup>**  
per set

Prochef Wooden Block Knife Set • 5-Piece

SAVE R50  
**349<sup>99</sup>**  
per set

Sequence Stainless Steel Cutlery Set • 20-Piece

SAVE R150  
**599<sup>99</sup>**  
per set

Majoré Stainless Steel Cookware Set • 12-Piece

OFFERS VALID FROM 19 OCTOBER 2026 UNTIL 8 NOVEMBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.



UP TO 100kg

**SAVE R50**

**199<sup>99</sup>** each

BushBaby Captain's Chair - All Variants



5-PIECE

QUALITY REINFORCED GARDEN HOSE

**SAVE R40**

**169<sup>99</sup>** per set

Mr. Gardener Reinforced Garden Hose with Fittings - 5-Piece



8kg

**SAVE R70**

**429<sup>99</sup>** each

HTH Mineralsoft Granular+ Chlorine - 8kg (Reg. No. L146 & N-AR 1060 of Act 36 of 1947)

## XTRA SAVINGS ON HOME & GARDEN ESSENTIALS



**SAVE R10**

**19<sup>99</sup>** each

Mr. Gardener Trigger Spray Bottle - 1L - All Variants



2-PACK

**SAVE R20**

**59<sup>99</sup>** each

Efeko AnTrap Outdoor/Indoor Ant Bait - 2-Pack



**SAVE R30**

**89<sup>99</sup>** each

Efeko Redtop Disposable Outdoor Flytrap



3kg

**SAVE R30**

**139<sup>99</sup>** each

Wonder Fertiliser (Reg. No. K8301 Act 36 of 1947) - 3kg - All Variants

✓ Ideal for Vegetables, Flowers & Flowering Shrubs  
✓ Sustained Release of Nitrogen  
✓ Enhances Root Growth  
✓ Less Volatile



LK's Large Braai - 620mm x 320mm

**SAVE R50**

**249<sup>99</sup>** each

LK's/BushBaby Large Braai



1,2kg

**SAVE R80**

**99<sup>99</sup>** each

Blu52 All-in-One Pool Solution - 1,2kg (Reg. No. L7748 Act 36 of 1947)



1,5kg

**SAVE R60**

**99<sup>99</sup>** each

Pool Magic Brilliant Multi-Function Chlorine Feeder - 1,5kg



1,5kg

**SAVE R40**

**129<sup>99</sup>** each

PoolBrite Month Mate 5-in-1 Multi Action Floater - 1,5kg - All Variants (Reg. No. L7286 Act 36 of 1947)



1,5kg

**SAVE R40**

**129<sup>99</sup>** each

HTH Blu4 Weeks Floater - 1,5kg (Reg. No. L4709 Act 36 of 1947)



1,66kg

**SAVE R50**

**169<sup>99</sup>** each

HTH Floater+ Chlorine Pool Cleaner 1,66kg (Reg. No. L6842 Act 36 of 1947)



**SAVE UP TO R20**

**FROM 19<sup>99</sup>** each

M-Home Brushware Range - All Variants



**SAVE R100**

**199<sup>99</sup>** each

Essentials Vienna Kitchen Cloth - 8-Pack - All Variants



Bin Swing Lift 25L - 199,99  
Bin Swing Lift 50L - 249,99

**SAVE R20**

**FROM 199<sup>99</sup>** each

Addis Swing 'n Lift Bin - 25L - All Variants



**SAVE R60**

**279<sup>99</sup>** each

Profile Concepts Wooden Ironing Board - 900mm



**SAVE R100**

**349<sup>99</sup>** each

Profile Concepts Wooden Clothes Dryer



**SAVE R50**

**FROM 99<sup>99</sup>** each

BushBaby Beach Cooler Bags - All Variants

6-Can Beach Cooler Bag - 99,99  
12-Can Beach Cooler Bag - 129,99  
24-Can Beach Cooler Bag - 149,99  
48-Can Beach Cooler Bag - 179,99



**SAVE R100**

**999**

Add new starterpack  
NETWORK LOCKED



**SAVE R200**

**549**

Add new starterpack  
NETWORK LOCKED

Validity 19 October - 22 November 2026. Colour may vary from image shown. Subject to in-store SIM pairing and activation. Prices subject to change. While stocks last. Available at selected stores.



**SAVE R40**

**FROM 159<sup>99</sup>** each

Alphas Polar Chill Cooler Box - 22L - All Variants

28L - 189,99, SAVE R40



**SAVE R70**

**229<sup>99</sup>** each

BushBaby Tavola Folding Table

OFFERS VALID FROM 19 OCTOBER 2026 UNTIL 8 NOVEMBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEEUSTR STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

# PET promotion

NOW ON

19 OCTOBER - 8 NOVEMBER 2026



**SAVE R15**  
ANY 2 FOR  
**R65**

Cesar Dog Food  
All Variants 100g

**SAVE R20**  
ANY 2 FOR  
**R79**

Husky Prime Cuts Dog  
Food All Variants 775g

**SAVE R25**  
ANY 2 FOR  
**R85**

Petley's Dog Food  
All Variants 775g

**SAVE R36**  
ANY 3 FOR  
**R99**

Boss Dog Food  
All Variants 775g/820g

**SAVE R60**  
ANY 3 FOR  
**R150**

Chunky Charlie Frozen Dog  
Food Roll All Variants 500g

**SAVE R30**  
ANY 2 FOR  
**R150**

Husky Prime Cuts Dog Food  
All Variants 6x85g per pack

**SAVE R20**  
**169<sup>99</sup>**  
1500g per pack

Petley's Advanced  
Dog Food All Variants

**SAVE R20**  
ANY 4 FOR  
**R95**

Petshop Dog Treats  
All Variants 120g

**BUY ANY 2 &  
SAVE 20%**

Pedigree Denta Stix Dog  
Treats All Variants 110g-270g

**SAVE R24**  
ANY 3 FOR  
**R30**

Beeno Dog Biscuits  
All Variants 49g

**SAVE R31**  
ANY 2 FOR  
**R129**

Beeno Dog Biscuits  
All Variants 800g

**SAVE R19**  
ANY 2 FOR  
**R65**

Beeno Dog Biscuits  
All Variants 300g

**SAVE R15**  
**74<sup>99</sup>**  
300g each

Beeno Dog Treats  
All Variants

**SAVE 15%**

Petshop Grooming  
Kit - 3-Piece

**BUY ANY 3 &  
SAVE 30%**

Small Batch Jerky Dog  
Treats All Variants

**SAVE R20**  
FROM  
**19<sup>99</sup>**

Petshop Stainless  
Steel Bowls All Variants

**SAVE R20**  
**59<sup>99</sup>**

Petshop Safari Plush  
Toy All Variants

**SAVE R20**  
**99<sup>99</sup>**

Petshop Frisbee  
Dog Toy - All Variants

**SAVE R100**  
FROM  
**399<sup>99</sup>**

Dog's Life Taka M'su Monotone  
Pet Cushion All Variants

**SAVE R50**  
**189<sup>99</sup>**  
15kg each

Vitagen Dog Food  
All Variants

**SAVE R20**  
**109<sup>99</sup>**  
15kg each

VitaCAT Cat Food  
All Variants

**SAVE R20**  
**74<sup>99</sup>**  
1.4kg each

Epol Cat Food  
All Variants

**NO ARTIFICIAL COLOURS**

VITAGEN IS A UNIQUE BLEND OF MINERALS, VITAMINS AND PROTEINS, WHICH GUARANTEES COMPLETE AND BALANCED NUTRITION ENSURING OPTIMUM HEALTH, VITALITY AND WELL-BEING FOR YOUR DOG!

**PREMIUM CAT FOOD**

NO ARTIFICIAL COLOURANTS OR FLAVOURANTS

HAIRBALL ASSIST  
ADDED CELLULOSE FIBRE

**EpOL**

EpOL is a premium quality pet food made from natural ingredients.

EpOL is a premium quality pet food made from natural ingredients.

EpOL is a premium quality pet food made from natural ingredients.

EpOL is a premium quality pet food made from natural ingredients.

EpOL is a premium quality pet food made from natural ingredients.

EpOL is a premium quality pet food made from natural ingredients.

OFFERS VALID FROM 19 OCTOBER 2026 UNTIL 8 NOVEMBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

**SAVE R20**

**179<sup>99</sup>**  
6kg each

**Bob Martin**  
Dog Food  
All Variants

**SAVE R31**

**ANY 3 FOR R95**

**Husky**  
Dog Food  
Selected Variants  
775g/820g

**SAVE R60**

**ANY 2 FOR R239**

**Pamper**  
Cat Food Pouches  
All Variants  
12x85g per pack

**SAVE R111**

**ANY 2 FOR R249**

**Whiskas**  
Cat Food Pouches  
All Variants  
12x85g per pack

**SAVE R20**

**ANY 2 FOR R74**

**Dreamies**  
Cat Treats  
All Variants 60g

**SAVE R20**

**ANY 7 FOR R85**

**Pamper**  
Cat Food  
All Variants 85g

**SAVE R10**

**34<sup>99</sup>**  
800g each

**Top Cat**  
Cat Food  
All Variants

**SAVE R31**

**ANY 3 FOR R89**

**Petley's**  
Advanced Cat Food  
All Variants 375g

**SAVE R20**

**169<sup>99</sup>**  
1500g per pack

**Petley's**  
Advanced Cat Food  
All Variants

**SAVE UP TO R20**

**ANY 2 FOR R45**

**Drakensberg**  
Wild Bird Seed/Rabbit Pellets 1kg

**SAVE R20**

**69<sup>99</sup>**  
5kg

**Brennco**  
Garden Bird Seed

**SAVE 20%**

**Pulvex**  
Tick & Flea Products

**SAVE R20**

**129<sup>99</sup>**  
100g per pack

**Bob Martin**  
Condition Tablets  
All Variants

**BUY ANY 2 & SAVE 15%**

**Bob Martin**  
Felight Cat Crystals  
All Variants 1,5kg/1,8kg

**SAVE R17**

**ANY 3 FOR R79**

**Sheba**  
Cat Food  
All Variants 70g

**SAVE R16**

**ANY 3 FOR R89**

**Petley's**  
Cat Food  
All Variants 375g

**SAVE 15%**

**Marltons**  
Fish Food  
All Variants 40g

**SAVE R10**

**34<sup>99</sup>**  
160g each

**Marltons**  
Dog Treats  
All Variants

**SAVE R20**

**79<sup>99</sup>**  
300g each

**Marltons**  
Dog Treats  
All Variants

**SAVE R40**

**BUY 2 & GET A 3<sup>rd</sup> FREE**

**Marltons**  
Dog Treats  
All Variants 120g

**SAVE R40**

**ANY 2 FOR R140**

**Marltons**  
Dog Food Gravy  
All Variants 500ml

**SAVE R20**

**119<sup>99</sup>**  
375ml

**Marltons**  
Get Off Spray for Pets

**SAVE R20**

**79<sup>99</sup>**  
5kg

**Marltons**  
Regular Cat Litter

**SAVE R20**

**109<sup>99</sup>**  
1,6kg

**Marltons**  
Cal Litter Crystals

**SAVE R20**

**119<sup>99</sup>**  
5kg

**Marltons**  
Eco-Wood Cat Litter

**Checkers**

**PET INSURANCE**

To join, SMS PET to 38153, scan the QR code or visit [Checkers.co.za](http://Checkers.co.za)

FROM

**R69** PER MONTH

**For Accidental Cover**

Core & Comprehensive Cover Also Available.

OUTsurance a licensed insurer and FSP. Premiums are risk profile dependent and reviewed annually based on risk profile and economic factors. T&Cs apply. Premiums valid until 31 December 2026.

Underwritten by OUTsurance

OFFERS VALID FROM 19 OCTOBER 2026 UNTIL 8 NOVEMBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

**SAVE R30**

**119<sup>99</sup>**

3kg each

Omo Auto Washing Powder All Variants

AS SEEN ON TV

**SAVE R150**

**BUY 2 & GET A 3<sup>RD</sup> FREE**

Omo Detergent Capsules 20 per pack

AS SEEN ON TV

FREE!

**SAVE R60**

**ANY 2 FOR R99**

Sta-soft Fabric Softener All Variants 2L

AS SEEN ON TV

**SAVE R40**

**149<sup>99</sup>**

24 per pack

Twinsaver Classic 2-Ply White Toilet Rolls

AS SEEN ON TV

24 Rolls 2-Ply x 350 Sheets

**MONTHLY SUBSCRIPTION**

**UNLIMITED DELIVERIES! \***

**ONLY R99 PER MONTH**

Sign up now

\*R350 minimum spend. T&Cs apply.

**BUY ANY 2 & SAVE 20%**

Simple Truth Cleaning Products

**SAVE R33**

**BUY 2 & GET A 3<sup>RD</sup> FREE**

Glade Air Freshener All Variants 180ml

**SAVE R10**

**25<sup>99</sup>**

Handy Andy Cleaning Cream All Variants

**SAVE R18**

**ANY 2 FOR R56**

Domestos Disinfectant All Variants 750ml

**SAVE 15%**

**33<sup>99</sup>**

Sunlight Anti Bacterial Dishwashing Liquid All Variants

**SAVE R10**

**54<sup>99</sup>**

Sunlight Original Dishwashing Liquid

**SAVE R35**

**ANY 2 FOR R95**

Mr. Muscle Tile Cleaner All Variants 750ml

**SAVE 30%**

**BUY 3 & GET THE CHEAPEST FREE**

Ariel Auto Liquid Detergent 20/30 Capsules 14/21/30 per pack

**SAVE R10**

**34<sup>99</sup>**

Jik Bleach All Variants

**SAVE R60**

**ANY 3 FOR R99**

Comfort Fabric Conditioner Pouch All Variants 800ml

**SAVE R40**

**BUY 2 FOR R79**

Dinu Mega Kitchen Towels 2 per pack

**SAVE 25%**

**219<sup>99</sup>**

Finish Dishwasher Tablets All Variants

**SAVE R170**

**BUY 2 & GET A 3<sup>RD</sup> FREE**

Baby Soft Supreme Quilts 2-Ply Toilet Rolls 18 per pack

AS SEEN ON TV

**SAVE R8**

**39<sup>99</sup>**

Tuffy Budget Refuse Bags

**SAVE R25**

**64<sup>99</sup>**

Raid Electric Mosquito Killer Unit/Refill

**SAVE R5**

**ANY 3 FOR R55**

Godrej Aer Power Pocket Freshener All Variants 10g

**SAVE R40**

**ANY 2 FOR R89**

Doom Pro Insecticide All Variants 300ml

AS SEEN ON TV

**SAVE R10**

**59<sup>99</sup>**

Addis Charcoal/White Laundry Basket

**SAVE R20**

**169<sup>99</sup>**

Addis Charcoal/White Linen Bin Hamper

**Checkers**

better and better

**Checkers Hyper**

Download the app

OFFERS VALID FROM MONDAY 19/10/2026 UNTIL SUNDAY 08/11/2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES. WINE ONLY AVAILABLE AT STORES WITH WINE DEPARTMENTS. BEER & SPIRITS ONLY AVAILABLE AT LIQUORSHOP STORES. ALCOHOL FOR SALE ON SUNDAYS IN GAUTENG ONLY. LIQUOR ONLY AVAILABLE AT STORES WITH A VALID LIQUOR LICENCE. SEAFOOD ONLY AVAILABLE AT STORES WITH SEAFOOD COUNTERS. CERTAIN FOODS COOKED FOR STYLING PURPOSES ONLY. FOODS SHOWN AS SERVING SUGGESTIONS. ACCESSORIES NOT INCLUDED. APPLIANCE PRICE BEAT GUARANTEE. SEE WWW.TERMSCONDITIONS.CO.ZA FOR DETAILS. T&Cs APPLY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. ERRORS & OMISSIONS EXCEPTED (E&OE). WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE). XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

# Come home to Pick n Play



Valid 26 October - 01 November 2026

**Saving** NOW IN SEASON **Up to 40% off**

**AS SEEN ON TV**

**BUY 3 FOR R265**  
SMART SHOPPER PRICE

Parmalat EverFresh Long Life Mik Assorted 6 x 1 Litre

**4 DEALS PER CUSTOMER**

**WHITE SUGAR**  
2.5 kg

**BUY 2 FOR R100**  
SMART SHOPPER PRICE

**AS SEEN ON TV**

**52.99**  
each  
SMART SHOPPER PRICE

**Regular Price 135.98**  
**BUY 2 FOR R100**  
SMART SHOPPER PRICE

**4 DEALS PER CUSTOMER**

**NESTLE NESCAFÉ**  
CAPPUCCINO  
VANILLA LATTE

**Regular Price 159.98**  
**BUY ANY 2 R95**  
SMART SHOPPER PRICE

**4 DEALS PER CUSTOMER**

**Sparletta or Twist**  
Flavoured Carbonated Soft Drink Assorted 2 Litre

**Regular Price 39.98**  
**BUY ANY 2 R24**  
SMART SHOPPER PRICE

**VALUE PACK**

**HUGGIES**  
Dry Comfort

**Regular Price 174.99**  
**129.99**  
each  
SMART SHOPPER PRICE

**Regular Price 349.98**  
**BUY ANY 2 R250**  
SMART SHOPPER PRICE

**Domestos**  
Thick Bleach Assorted 750ml

**Regular Price 73.98**  
**BUY ANY 2 R50**  
SMART SHOPPER PRICE

**5L**

**GOLDAIR**  
5 Litre Digital Air Fryer

**Regular Price R799**  
**499.99**  
SMART SHOPPER PRICE

WAYS TO SHOP

Huggies Dry Comfort Disposable Nappies Value Pack Assorted

Domestos Thick Bleach Assorted 750ml

GOLDAIR 5 Litre Digital Air Fryer

get it delivered. **Pick n Play asap!**



Picked fresh by us. Also delivered by



Instant savings plus points.



**AS SEEN ON TV**

Bulk Lean Beef Mince

**99<sup>99</sup>** per kg

Bulk Stewing Beef Bone-in

**94<sup>99</sup>** per kg

PnP Fresh Chicken 4 Drumsticks & 4 Thighs

**76<sup>99</sup>** per kg

5kg

no name™ FROZEN CHICKEN BRAAI PACK

EQUATES TO R40 PER KG

no name™ Frozen Chicken Braai Pack 5kg

**199<sup>99</sup>**

CHICKEN POLONY CHICKEN POLONY CHICKEN POLONY

1kg

Regular Price 84<sup>99</sup>

**59<sup>99</sup>**

SMART SHOPPER PRICE

PnP Premium Chicken Polony 1kg

REGULAR & BEECHWOOD SMOKED DICED BACON

200g

REGULAR & BEECHWOOD SMOKED SHOULDER BACON

200g

Regular Price 175<sup>96</sup>

**BUY ANY 4 R100**

SMART SHOPPER PRICE

PnP Back, Shoulder or Diced Bacon 200g

NATURALLY BEECHWOOD SMOKED CHICKEN & CHEESE VIENNAS

1kg

Regular Price 99<sup>99</sup>

**79<sup>99</sup>** each

SMART SHOPPER PRICE

PnP Chicken Viennas Assorted 1kg Each

WOOD SMOKED CHICKEN VIENNAS

500g

WOOD SMOKED RED VIENNAS

500g

Regular Price 167<sup>96</sup>

**BUY ANY 4 R90**

SMART SHOPPER PRICE

no name™ Red, Smoked or Chicken Viennas 500g

**AS SEEN ON TV**

Flora Spread 1kg, Rama Original Spread 1kg, Flora Pro Active Spread 500g

Regular Price 139<sup>98</sup>

**BUY ANY 2 R90**

SMART SHOPPER PRICE

COLLECTABOKS

GET A BONUS PACK OF CARDS

Clover Butro Spread 500g

Regular Price 199<sup>98</sup>

**BUY 2 FOR R150**

SMART SHOPPER PRICE

COLLECTABOKS

GET A BONUS PACK OF CARDS

Clover Low Fat Smooth Yoghurt Assorted 6 x 100g

Regular Price 51<sup>98</sup>

**BUY ANY 2 R32**

SMART SHOPPER PRICE

FULL FAT GOUDA

700g

FULL FAT CHEDDAR

700g

Regular Price 259<sup>98</sup>

**BUY ANY 2 R200**

SMART SHOPPER PRICE

PnP Full Fat Cheese Assorted 700g

COLLECTABOKS

GET A BONUS PACK OF CARDS

Clover Feta Assorted 400g

Regular Price 145<sup>98</sup>

**BUY ANY 2 R110**

SMART SHOPPER PRICE

SEAFOOD MIX

700g

Regular Price 99<sup>99</sup>

**69<sup>99</sup>**

SMART SHOPPER PRICE

Chapman's Seafood Mix 700g

BUTTERFLY VANNAMEE PRAWNS CUT & DEVEINED

26/30 700g

READY TO GRILL

Regular Price 249<sup>99</sup>

**189<sup>99</sup>**

SMART SHOPPER PRICE

Chapman's Vannamee Butterfly Prawns 26/30 700g

skinny fries

straight cut frying

Regular Price 109<sup>98</sup>

**BUY ANY 2 R70**

SMART SHOPPER PRICE

Natures Garden Frozen Chips Assorted 900g

Country Fresh

Vanilla Flavoured Ice Cream

5L

Regular Price 169<sup>99</sup>

**129<sup>99</sup>**

SMART SHOPPER PRICE

Dairymaid Country Fresh Ice Cream Assorted 5 Litre Each

**SHOP NOW pnp.co.za**

4 DEALS PER CUSTOMER

Regular Price 44<sup>99</sup>

**R28**

SMART SHOPPER PRICE

Tastic Long Grain Parboiled Rice 2kg

4 DEALS PER CUSTOMER

Regular Price 76<sup>99</sup>

**R48**

SMART SHOPPER PRICE

Kellogg's Corn Flakes 750g

4 DEALS PER CUSTOMER

Regular Price 50<sup>97</sup>

**BUY ANY 3 R40**

SMART SHOPPER PRICE

Koo Baked Beans in Sauce Assorted 400-420g

4 DEALS PER CUSTOMER

AS SEEN ON TV

Regular Price 91<sup>98</sup>

**BUY ANY 2 R65**

SMART SHOPPER PRICE

Brookes Oros Squash Assorted 2 Litre

4 DEALS PER CUSTOMER

Regular Price 119<sup>99</sup>

**R69**

SMART SHOPPER PRICE

PnP or Ubuntu Super Maize Meal 10kg Each

COLLECTABOKS

GET A BONUS PACK OF CARDS

Regular Price 79<sup>96</sup>

**BUY ANY 4 R50**

SMART SHOPPER PRICE

Dettol Hygiene Soap Assorted 175g

COLLECTABOKS

GET A BONUS PACK OF CARDS

Regular Price 99<sup>99</sup>

**R64<sup>99</sup>**

SMART SHOPPER PRICE

Sensodyne Repair & Protect, Complete Protection, Rapid Relief or Sensitive & Gum Toothpaste Assorted 75ml Each

AS SEEN ON TV

Regular Price 379<sup>97</sup>

**BUY ANY 2 R250**

SMART SHOPPER PRICE

Buy Any 2 x Baby Soft Toilet Tissue 18's & Get 1x Baby Soft Washlets Refill Assorted 42's FREE

COLLECTABOKS

GET A BONUS PACK OF CARDS

Regular Price 59<sup>98</sup>

**BUY ANY 2 R40**

SMART SHOPPER PRICE

Handy Andy Cream Cleaner Assorted 750ml

Regular Price 73<sup>98</sup>

**BUY ANY 2 R50**

SMART SHOPPER PRICE

Domestos Thick Bleach Assorted 750ml

Regular Price 85<sup>98</sup>

**BUY ANY 2 R59**

SMART SHOPPER PRICE

Husky Dog Food Tin Assorted 775ml (Excludes Prime Cuts)

7L

WINDOW FOR EASY VIEWING

Regular Price R899

**R649**

SMART SHOPPER PRICE

GOLDAIR 7 Litre Digital Air Fryer - Model May Vary Instore

2-YEAR WARRANTY

20L

AS SEEN ON TV

Regular Price R1099

**R799**

SMART SHOPPER PRICE

Russell Hobbs 20 Litre Silver Mirror Finish Manual Microwave Oven

Regular Price 399<sup>99</sup>

**319<sup>99</sup>**

SMART SHOPPER PRICE

A4 White Multi-Purpose Photocopy Paper Box  
• 5 Reams Per Box  
• 500 Sheets Per Ream  
• 80gsm

SHOP NOW [pnp.co.za](http://pnp.co.za)

**2-Plate Spiral Hotplate**

Regular Price 249<sup>99</sup>  
**149<sup>99</sup>**

**2L**

Regular Price 249<sup>99</sup>  
**149<sup>99</sup>**

Regular Price 229<sup>99</sup>  
**179<sup>99</sup>**

**DEFY**  
Steam and Spray Iron • 1750W

Regular Price R999  
**R799**

**AIM**  
24 Litre Compact Mini Kitchen Oven

**2x 30L**

Regular Price 199<sup>98</sup>  
**BUY 2 FOR R80**

Regular Price 249<sup>99</sup>  
**149<sup>99</sup>**

Regular Price 399<sup>99</sup>  
**279<sup>99</sup>**

**JVC** 2.0 Portable Soundbar • Model: TH-N123B

**20m**

Regular Price 199<sup>99</sup>  
**139<sup>99</sup>**

**2 BUCKETS PER CUSTOMER**

Regular Price 469<sup>99</sup>  
**349<sup>99</sup>**

**HTH** Granular Chlorine 8kg • Kills Algae and Bacteria

Regular Price 199<sup>99</sup>  
**129<sup>99</sup>**

**HTH** Floater 1.6kg • Kills Algae and Bacteria

**2x 5kg**

Regular Price 199<sup>98</sup>  
**BUY 2 FOR R120**

Regular Price 199<sup>98</sup>  
**BUY 2 FOR R120**

**AS SEEN ON TV**

Regular Price 261<sup>98</sup>  
**189<sup>99</sup>**

PLUS GET THIS FREE

Regular Price 189<sup>99</sup>  
**159<sup>99</sup>**

Regular Price 344<sup>97</sup>  
**BUY ANY 3 R245**

Regular Price 404<sup>97</sup>  
**BUY ANY 3 R290**

Regular Price 404<sup>97</sup>  
**BUY ANY 3 R290**

Regular Price 299<sup>96</sup>  
**BUY ANY 3 R200**

Regular Price 269<sup>98</sup>  
**R200**

**1L**

Regular Price 261<sup>98</sup>  
**189<sup>99</sup>**

PLUS GET THIS FREE

Regular Price 189<sup>99</sup>  
**159<sup>99</sup>**

Regular Price 344<sup>97</sup>  
**BUY ANY 3 R245**

Regular Price 404<sup>97</sup>  
**BUY ANY 3 R290**

Regular Price 404<sup>97</sup>  
**BUY ANY 3 R290**

Regular Price 299<sup>96</sup>  
**BUY ANY 3 R200**

Regular Price 269<sup>98</sup>  
**R200**

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